



# The Seaforth Satellite

The newsletter of Seaforth Public School

Term 4 Week 5 – 9<sup>th</sup> November 2017

## All you need to know in 30 seconds!

### Date for your diary:

#### November

- 14<sup>th</sup> Stage 1 excursion – NSW Schoolhouse Museum
- 14<sup>th</sup> Focus Groups for Parents – 9.15am Kempbridge Campus Staff Room
- 15<sup>th</sup> Interrelate Years 5 and 6
- 16<sup>th</sup> Stage 1 excursion – NSW Schoolhouse Museum
- 16<sup>th</sup> Kindy Incursion - Ceramics
- 17<sup>th</sup> Kindy Incursion - Ceramics
- 20<sup>th</sup> Stage 2 excursion – Elizabeth Farm
- 21<sup>st</sup> Stage 2 excursion – Elizabeth Farm
- 21<sup>st</sup> Focus Groups for Parents – 5.45pm School Library
- 22<sup>nd</sup> Interrelate Years 5 and 6
- 22<sup>nd</sup> Book Launch – Wind.Wave.Light – Library 6pm
- 29<sup>th</sup> Interrelate Years 5 and 6
- 29<sup>th</sup> Kindergarten 2018 – Parent Information Evening
- 30<sup>th</sup> Kindy Incursion – Ceramics

Newsletters are available on the school website and the parent portal

<http://www.seaforth-p.schools.nsw.edu.au/home> [www.seaforth-p.schools.nsw.edu.au](http://www.seaforth-p.schools.nsw.edu.au)

## From the Principal

### New Permanent Teacher Appointed

I am very happy to announce that we have been appointed a new permanent teacher for 2018. Tonia Marshall has been selected from the graduate pool as an outstanding graduate from 2017. She is a mature aged student who has recently finished her internship at Forestville Public School. Prior to teaching, Tonia worked in IT, which has been of great use to her as a teacher doing coding and Minecraft with her students. How fortunate we are! Tonia has been in to meet the staff and we did visit a few classrooms. We welcome Tonia to Seaforth Public School!

### Band Performance at Warringah Mall

Yesterday Mr Davidson and I accompanied the Concert and Intermediate bands to Warringah Mall to perform. They with pride and played beautifully with great enthusiasm. We were impressed with the behaviour and dedication of these students. Congratulations to you all!



Seaforth Public School

37 Kempbridge Avenue, Seaforth 2092

Phone: 99481694

Web: [www.seaforthpublicschool.com](http://www.seaforthpublicschool.com)



Concert Band



Intermediate Band

## Focus Groups for Parents

We are running focus groups for parents to contribute to future school planning. So far we have held 2 sessions with 2 more to go. The focus groups have a maximum of 10 participants in each group. You can register to participate in 1 focus group only via the following online booking form:

<https://sites.google.com/education.nsw.gov.au/sps1104fg/home>

The dates to choose from are as follows:

Tuesday 14th November 9.15am in the staffroom (Kempbridge Ave.)

Tuesday 21st November 5.45pm in the library

We look forward to working with parents and carers in the exciting process of planning for the future with a focus on quality teaching, quality learning and quality relationships at Seaforth Public School.

## Child Protection Unit

Child protection education and respectful relationships education are required to be taught in every stage of learning from Kindergarten to Year 10 as part of Personal Development, Health and Physical Education (PDHPE). At our school, we teach Child Protection lessons in Term Four each year. The content covered includes:

- recognising and responding to safe and unsafe situations
- developing positive relationships and support networks
- developing assertiveness (No Go Tell)
- appropriate and inappropriate touching

The school is required to inform parents and caregivers of the content of the curriculum as it deals with sensitive issues. If you have any issues or concerns please contact your child's teacher.

## Playground Safety after School

The concern for the safety of our students is a top priority. We ask parents to be supportive in supervising their children on school grounds after the bell in the afternoon. There have been students climbing on the water tank and up trees while their parents are chatting in the playground or while they wait to be picked up. While we understand this is a great time to catch up with others, we ask that you please reinforce with your children appropriate play on school grounds and please be aware of where they are at this time.



Seaforth Public School

37 Kempbridge Avenue, Seaforth 2092

Phone: 99481694

Web: [www.seaforthpublicschool.com](http://www.seaforthpublicschool.com)

The riding of bikes/skateboards and scooters through school grounds before or after school is not allowed as it can endanger our younger students and toddlers. We would greatly appreciate you reinforcing these matters at home to support the message coming from school. Thank you for your support.

### **Banksia Road Tragedy**

The tragic events that took place at Banksia Road Public School on Tuesday make you realise how lucky we are and how precious life is. In support of our colleagues, the staff have sent a VISA card to the school for them to buy lunch - a small token that lets them know we are thinking of them at this incredibly difficult time. Our thoughts go out to the staff, students and parents of Banksia Road Public School.

---

Trudy Alcorn: **Principal (Relieving)**

### **Library News**

#### **WIND.WAVE.LIGHT Book Launch - Wednesday 22<sup>nd</sup> November**

Our book of poems, stories and comics by students in Years 3-6 – **WIND.WAVE.LIGHT** – is nearing its' date of release.

It will be launched at a very special event to be held from 6-7pm, in the Library, on Wednesday 22<sup>nd</sup> November. All parents and children are invited.

Major prize winners in each category will be announced that evening, and the book will be available to anyone who has pre-ordered one. Parents whose children will have their work included in the book should already have received an email advising them of this.

Books can be obtained (at a cost of \$20) by pre-order only, via Flexischools. Look for the red icon. Order now, so you don't miss out on getting your copy of this truly beautiful book.

---

Kel Cowling: **Librarian**

### **Chess News**

#### **Seaforth Open Chess Tournament Friday 1<sup>st</sup> December**

Our annual Seaforth Open Chess Tournament will be held in the Library on the afternoon of Friday 1<sup>st</sup> December. The tournament is open to any child in the school who can play chess. It's a wonderful afternoon of chess, with every child guaranteed at least 5 games. The tournament starts at 1.00pm, and finishes with a prize-giving ceremony which concludes at 5.00pm. There are medals and trophies for winners in every age group, from Year 1 through to Year 6.

The overall winner of this tournament will be declared the Seaforth PS Chess Champion for 2017.

It also doubles as our Chess Xmas Party. An afternoon tea of pizza and popper juices is provided at around 3pm.

The entry form for this tournament will come home in the next week or so – look out for it!

---

Kel Cowling: **Librarian**



## Year 2 Swim School

For two weeks, during school Year 2 went to Manly pool to do Swim School. At Swim School we learnt how to do lifesaving, back sculling, freestyle, backstroke, floating and treading water. **Isabelle H.**

Here are a few snippets of why Year 2 loved Swim School:

"I enjoyed swimming because I got to do it with all of my friends and I got to have lots of fun." **Eden F.**

"I enjoyed it because we practised rescuing people and we did treading water for 2 minutes." **Beth C.**

"I enjoyed it because swimming is a helpful thing for water sports." **Sam B.**

Various people of the public made comment of how respectful, friendly and polite Seaforth students were throughout the two week program.

A special thank you needs to go to Mrs Curnow for organising this incredible opportunity for Year 2 students.

Year 2 teachers

---

## Band News

Firstly, congratulation to the Intermediate and Concert Bands for a great performance at the Warringah Mall Music Festival, yesterday. The bands were well received by a large audience in the food court. Thank you to Miss Alcorn and Mr Davidson for accompanying the bands on this excursion.

The Seaforth Public School Band committee has been working hard to finalise bands for 2018, there's still space available on woodwind and brass, let us know if you would like to jump in!

### Dates for the diary:

4<sup>th</sup> December – Seaforth Public School Band Association Inc. AGM – 7.30pm School Library

13<sup>th</sup> December – 8am End of Year Band Breakfast Party

## NOTICE OF ANNUAL GENERAL MEETING

The Secretary hereby gives notice that an Annual General Meeting of Seaforth Public School Band Association Inc. (the Association) will be held in the Library of Seaforth Public School, 37 Kempbridge Avenue, Seaforth on Monday December 4 at 7:30pm.

Apart from the usual business to be transacted at the Annual General Meeting, the following special resolution will be moved:

That, pursuant to clause 37 of the Rules of the Seaforth Public School Bank Association Inc. (the Rules), clause 14(2) of the Rules be amended as follows:

After the words "(a) the president", insert on a new line the words "(ab) the vice president,".

A member who wishes to bring any additional business before the Annual General Meeting must give notice in writing of that business to the Secretary by Monday November 27.

Note: All parents of a student band member are deemed to have been approved by the Committee as members of the Association unless notified in writing by the Committee that their membership has been rejected.

Allison Strickland: **Band President**



Seaforth Public School

37 Kempbridge Avenue, Seaforth 2092

Phone: 99481694

Web: [www.seaforthpublicschool.com](http://www.seaforthpublicschool.com)

## PSSA Results

### Friday 27<sup>th</sup> October

**Senior Girls Eagle Tag A** – played Balgowlah North and won 5-3. The try of the day goes to Audrey Hemingway. The best player was Shay H and the fairest was Lily G. The captains were Lucy T and Bella B.

**Senior Girls Eagle Tag B** – played Manly West and won 5-1. The best player was Zara and the fairest was Brooke. Everyone played awesomely.

**Junior Girls Eagle Tag A** – played Balgowlah North and won 9-2 it was good game. Best players were Georgia R and Meisha W the fairest player was Albee M. The Captains were Roxy B and Emily N.

**Junior Girls Eagle Tag B** – played Manly West and lost 5-4. It was a tough game. The best player was Kennady and the fairest player was Sophie.

**Senior Softball Team** – played Beacon Hill and lost 14-0. The best player was Hannah and the fairest player was Roisin.

**Junior T-Ball Team Navy** – played Brookvale and lost 10-8. We all played great! Go Navy! Best player was Jasmine and the and fairest was Jade.

**Junior T-Ball Team Sky** – played Harbord and lost 16-9. Congratulations to everyone who got a home run thanks to the team for putting in a great effort. Best player was Anna and fairest was Henriette

### Friday 3<sup>rd</sup> November

**Senior Boys Eagle Tag A** – played Balgowlah North and won 8-4. A tough first half but got on top in second half. Best players were 3 points Henry C, 2 points Lewis K and 1 point Harry, Zac and Josh.

**Senior Boys Eagle Tag B** – played Brookvale and lost 3-5. Best players were 3 points Lachie B, 2 points Charlie W and 1 point to Joe H.

**Junior Boys Eagle Tag A** – played Balgowlah North and lost 7-5. Tough day at the office. We went down to a very strong side. Best players were 3 point Jaden D, 2 points to Zach B and 1 point to James F.

**Junior Boys Eagle Tag B** – played Brookvale and lost 1-2. We were doing well in the first half and then didn't pass as mush in the second half and that is how they beat us. Best players were 3 points to Willis P, 2 points to Tom C and 1 point to Flynn R. Captains were Tom C and Riley G.

**Senior Girls Eagle Tag A** – played Manly Vale and won 12-2. Try of the day goes to Sophie H and her amazing picking up skills. The best players were Lucy T and Sophie H and the fairest was Evie D.

**Senior Girls Eagle Tag B** – played Beacon Hill and won 4-3. Go Seaforth!! The best player was Eva N and the fairest was Cleo V. Captains were Kaila T and Zara S.

**Junior Girls Eagle Tag A** – played Harbord and drew 2-2. Shout out to Evie for great tagging. Best players was Emily D and the fairest player was Kayla R. The Captains were Meisha W and Roxy B.

**Junior Girls Eagle Tag B** – played Balgowlah Heights and drew 2-2. We all had a great game and everyone had a smile on their faces. The best player were Perri K and Tara D and the fairest players were Charlotte F and Kennady SH. The captains were Cate W and Charlie S.

**Senior Softball Team** – played Balgowlah Heights and drew 7-7. Although we didn't finish with a win everyone did great. The best player was Grace O and the fairest player was Roisin C. The captains were Summer Y and Isla T.



**Junior T-Ball Team Navy** – played Harbord and lost. We all played a good game. Best player was Lucy D and the fairest was Abbie K. The Captains were Zara and Annabelle.

**Junior T-Ball Team Sky** – played Manly Vale and won 18-17. We played a great game. Best players were Alba J and Henriette M and fairest players were Olive M and Clementine I. The captains were Bella C and Leili M.

**Junior Cricket Team** – played Harbord and won with an average of 21-18. We are into the semi-finals. Best players were 3 points to Will R, 2 points Liam J and Roby B and 1 point to whole team. Captains were Toby B and Liam J.

## Kitchen Garden News

Featuring the recipes from the first Semester of Seaforth Kitchen Garden Cooking 2017, this is the cookbook that will reveal the delicious dishes, which the year 5 and 6 students have been creating.

The book includes more than 30 recipes, such as Cheese Twists, Kale Chips, Chilled cucumber and Avocado Soup, Vegetable Skewers and many MORE.

This is one of the best cookery books you can buy!

Only \$10 (If you would like to donated more to support our amazing Seaforth Kitchen Garden, you are more than welcome to do so, of course)

Every cent of your donation will be used for our Seaforth Kitchen Garden.

Please make any payment to the office and receive a copy of this 1st Edition.



---

Jessica Forbes and Alexandra Huntington: **Kitchen Garden Teachers**



Seaforth Public School

37 Kempbridge Avenue, Seaforth 2092

Phone: 99481694

Web: [www.seaforthpublicschool.com](http://www.seaforthpublicschool.com)

## Trash Free Tuesday

Trash Free Tuesday is making a comeback on Yatama Campus!

Please encourage your children to help out in the kitchen to create a trash free lunch.

All the recipes from our Kitchen lessons are super yummy and trash free so grab some inspiration from your kids!

Did you know that almost every piece of plastic ever made is still sitting in the Earth today???

Healthy habits made today will help life tomorrow...



Annie Aitken and the SRC

---

## Uniform Shop

Opening hours

Monday 8:45am to 10am

Thursday 2:45pm to 4pm

Summer Uniform

The shop is now fully stocked with summer uniform items.

Come in or order ONLINE through flexischools.

Kindy starters 2018



We have started our one-on-one uniform fittings for children starting kindy next year. Kitty and I both love meeting all the new children and seeing the excitement on their faces as they put on their new uniform. If you need to make a booking, you can do so by going to [schoolinterviews.com.au](http://schoolinterviews.com.au) and entering code z3c2h.

Labels

Please remember to label your child's jumpers. If they are labelled they can be returned to your child's class.

Shorties

Does your daughter like to spend her play time at school upside down (cartwheels, handstands etc)? Do you know that we have royal blue shorties available to wear under the summer tunic? \$13 each.

Second Hand Items

We are very grateful for your donations of second hand items. 100% of the sale of these items goes directly to the school via the P & C. It is appreciated if items are washed before donation.

Any queries please email Ashley at [seaforthuniformshop@gmail.com](mailto:seaforthuniformshop@gmail.com) or call/text on 0416 225 048.

Ashley Bennett: **Uniform Shop Coordinator**

---



Seaforth Public School

37 Kempbridge Avenue, Seaforth 2092

Phone: 99481694

Web: [www.seaforthpublicschool.com](http://www.seaforthpublicschool.com)

## Positive Partnerships Workshop

**Positive Partnerships** is a national project, funded by the Australian Government Department of Education and Training and is delivered by Autism Spectrum Australia (Aspect). Positive Partnerships are trialling a FREE weekend workshop for parents, carers and grandparents who want to understand more about autism and learn practical strategies to help maximise their young person's learning.

Date: Saturday 18th November 2017

Venue: Magpies Waitara. 11-37 Alexandria Parade, Waitara

Time: 9.15am – 3.30pm

Cost: Free

Registration: [www.positivepartnerships.com.au](http://www.positivepartnerships.com.au) Registrations close one business day prior to the workshop.

Parents who attended the Northern Beaches workshop can attend again or invite a grandparent or partner. The feedback from parents and teachers from our school who have attended these workshops has been overwhelmingly positive and we encourage anyone interested to register.

Please see the flyer below or the Positive Partnerships website for further information.



### Positive Partnerships is coming to a location near you!

Join us for a day of learning with other parents and carers of school aged children on the autism spectrum, designed to help you foster productive school, family and community relationships to provide the best kind of support for your child. Our workshops are for parents, carers and grandparents wanting to understand more about autism and learn practical strategies using evidence based resources to help maximise their young person's learning.

### What will you gain by attending this workshop?

- An increased understanding of the impact of autism
- Further knowledge about how to develop effective partnerships with your school
- Information to help you access further support both inside and outside of school
- An opportunity to be part of a support network where you can share strategies and experiences with other parents/carers
- An understanding of a planning tool that can be used to share key information related to your child

### Workshop details

<b>Venue:</b>	<b>Magpies Waitara</b> <b>11 – 37 Alexandria Parade</b> <b>Waitara NSW 2077</b>
<b>When:</b>	Saturday 18 November 2017 9.15 am – 3.00 pm (Registration from 8.30 am)
<b>Catering:</b>	Morning tea and lunch is provided. Please advise any dietary requirements upon registration.
<b>Register Online:</b>	<a href="http://www.positivepartnerships.com.au">www.positivepartnerships.com.au</a> Registrations open on Tuesday 26 September 2017 and close one business day prior to the workshop. Register early as places are limited!
<b>Questions?</b>	If you are not able to register online please call the Positive Partnerships Infoline : 1300 881 971 or email <a href="mailto:parentcarer@autismspectrum.org.au">parentcarer@autismspectrum.org.au</a>

The Positive Partnerships Initiative is funded by the Australian Government Department of Education and Training through the Helping Children with Autism package and is delivered by Autism Spectrum Australia. The views expressed in this publication do not necessarily represent the views of the Australian Government or the Department of Education and Training.



**Seaforth Public School**

37 Kempbridge Avenue, Seaforth 2092

Phone: 99481694

Web: [www.seaforthpublicschool.com](http://www.seaforthpublicschool.com)

### Connect with Your Neighbours

If you are fortunate enough to live with a sense of community, where you know the people who live near you, share experiences and help one another, then you'll probably agree, your life is richer for it. The Street by Street Project is seeking community minded people to turn streets into communities in your area, through simple social activities. We'll support you to do this. Contact Irene Opper at [irene@streetbystreet.org.au](mailto:irene@streetbystreet.org.au) or 0413 706 233 and see [www.streetbystreet.org.au](http://www.streetbystreet.org.au) for more info.



# Street by Street

— BRINGING NEIGHBOURS TOGETHER —



Seaforth Public School

37 Kempbridge Avenue, Seaforth 2092

Phone: 99481694

Web: [www.seaforthpublicschool.com](http://www.seaforthpublicschool.com)

**Please Support the businesses that support Seaforth Public School!**

# Maria Cassarino

Seaforth's number 1 and most recommended agent for the 2nd year in a row.\*

Call Maria your area specialist on 0411 818 093.

ratemyagent  
**2017 WINNER**  
**AGENT OF THE YEAR**  
**SEAFORTH**



**TAEKIDOKA**  
*Martial Arts*

## ENROL NOW!!

## PAY-AS-YOU-GO

## No Direct Debit

## No Contracts

**Seaforth Community Centre**  
Cnr Baringa Av and Koobilya St  
MONDAYS Juniors: 6:00pm

**Forestville Senior Citizens Centre**  
Cnr Warringah Rd and Starkey St  
WED Juniors: 5:00pm

Also Beacon Hill and more

**Phone: 04 1300 4094**

**[www.tkma.com.au](http://www.tkma.com.au)**



Lucid Music offers high quality tuition  
in piano, guitar, bass and drums in the comfort of your home!

Limited spaces available!

Contact us today to enrol your child!

[www.lucidmusic.com.au](http://www.lucidmusic.com.au)

[info@lucidmusic.com.au](mailto:info@lucidmusic.com.au)

Hayley - 0414 779 553

*Invest in your child's musical future today*





Seaforth Public School

37 Kempbridge Avenue, Seaforth 2092

Phone: 99481694

Web: [www.seaforthpublicschool.com](http://www.seaforthpublicschool.com)



# Welcome to Bupa Seaforth

Medical and  
Wellbeing Centre

Bulk billing  
kids under  
12 years

## Caring for your family's health

We offer a range of GP services plus physiotherapy, podiatry and psychology. A Practice Nurse is available and no appointment is necessary.



02 9917 0700



550B Sydney Road, Seaforth  
(access via Kempbridge Ave)

Consulting hours: Monday to Friday, 9am – 5pm.



Seaforth Public School

37 Kempbridge Avenue, Seaforth 2092

Phone: 99481694

Web: [www.seaforthpublicschool.com](http://www.seaforthpublicschool.com)

**Enrol Now  
for 2018**

# Learn Music on the Keyboard at school



*Music theory. Learning to play keyboard.  
Music games. Introduction to music.*

- 🎵 Convenient at-school venue 🎵
- 🎵 Small group - 45 min weekly lesson 🎵
- 🎵 Competitive rate - \$29 (GST incl.) per session 🎵
- 🎵 Instrument not required initially 🎵
- 🎵 Limited vacancy! 🎵

**Call 9411 3122**  
**or visit our website to enrol**

VIP Music est. 1984 [www.learnmusicatschool.com.au](http://www.learnmusicatschool.com.au)



**Seaforth Public School**

37 Kempbridge Avenue, Seaforth 2092

Phone: 99481694

Web: [www.seaforthpublicschool.com](http://www.seaforthpublicschool.com)



## Seaforth Public School

37 Kempbridge Avenue, Seaforth 2092

Phone: 99481694

Web: [www.seaforthpublicschool.com](http://www.seaforthpublicschool.com)



# COME PLAY OUR GAME

**THURSDAY 16TH NOVEMBER 2017**  
**3:45PM – 5:00PM**

Narrabeen Sports High School offers professional coaching and world class facilities through our unique specialist Sports Academy. We are offering a FREE afternoon of training for students in years 4, 5 and 6 to come and try an Academy sport followed by a BBQ.

Please RSVP to: <https://goo.gl/forms/BPmhWxWjsO62GYwQ2>

**FOR MORE INFORMATION ABOUT COME PLAY OUR GAME OR ENROLMENTS, PLEASE CONTACT THE SCHOOL OFFICE OR VISIT OUR WEBSITE.**

[www.narrabeen-h.schools.nsw.edu.au](http://www.narrabeen-h.schools.nsw.edu.au)

10 Namona St, North Narrabeen, NSW 2101 PH 9913 7820



| AFL | BASEBALL | BASKETBALL | DANCE | FOOTBALL | GYMNASTICS | NETBALL |  
| RUGBY ALL CODE | SKATING | SWIMMING | SURFING | TENNIS | TOUCH FOOTBALL |



Seaforth Public School

37 Kempbridge Avenue, Seaforth 2092

Phone: 99481694

Web: [www.seaforthpublicschool.com](http://www.seaforthpublicschool.com)