



The Seaforth Satellite

The newsletter of Seaforth Public School

Term 1 Week 7 – 15 March, 2018

All you need to know in 30 seconds!

Date for your diary:

March 2018

- 16th Summer PSSA Round 4
- 19th Mona Vale PS Chess Tournament
- 19th-21st Stage 3 Camp – Great Aussie Bush Camp
- 21st Zone Swimming Carnival
- 20th P & C Meeting – 7pm – Library
- 20th RMS air quality specialist presentation – 8pm – Library
- 25th Band Intensive Day – Kempbridge Campus
- 29th Sydney North Swimming Carnival
- 29th Easter Hat Parade – with Training Band's 1st Performance
- 30th Good Friday Public Holiday

April 2018

- 2nd Easter Monday Public Holiday
- 4th Celebration of Learning Assembly – Term 1
- 9th-10th Botanical Garden Excursion – Years 1 and 2
- 10th-11th Parent Teacher Evening
- 11th-12th State Swimming Carnival
- 13th Years 2-6 Cross Country Carnival
- 13th Last Day of Term 1

Newsletters are available on the school website and the parent portal

<http://www.seaforth-p.schools.nsw.edu.au/home> www.seaforth-p.schools.nsw.edu.au

From the Principal

K-6 Easter Hat Parade

Yesterday a note went out on the app with information regarding the Easter Hat Parade and it is also included in this newsletter. We invite parents and family members to watch the parade on Thursday 29th March, commencing at 10am on the Kempbridge Campus oval. Our training band will be performing and hot cross buns can be pre-ordered via flexischools see more information at the end of the newsletter in Band News. Let's hope for fine weather, however, we will have a wet weather plan if necessary. I'm sure it will be a lot of fun!

Kindergarten Transition to School Calendar of Events

Yesterday an app went out with the dates for our Kindergarten 2019 Transition to School events. You will also find it published at the end of this newsletter. Please feel free to forward it on to anyone you know who has a child starting school in 2019 that isn't already part of the Seaforth School Community but is in area to attend Seaforth. Thank you.



Seaforth Public School

37 Kempbridge Avenue, Seaforth 2092

Phone: 99481694

Web: www.seaforthpublicschool.com

Zone Swimming Carnival

Best wishes to all our competitors for the Zone Swimming Carnival on Wednesday 21st March. I know you will represent the school proudly with great sportsmanship and enthusiasm and aiming for your personal best. Many thanks to parents who are picking students up from camp to enable them to compete and many thanks to the students for making this tough choice. Thank you Miss Carlton and Miss Van der Saag for your hard work in organising our Zone Swimming Team.

Chess Competition

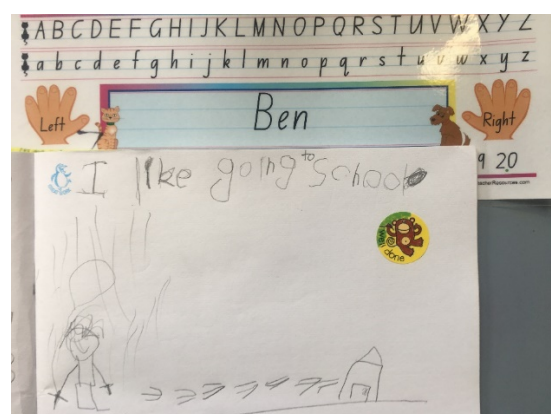
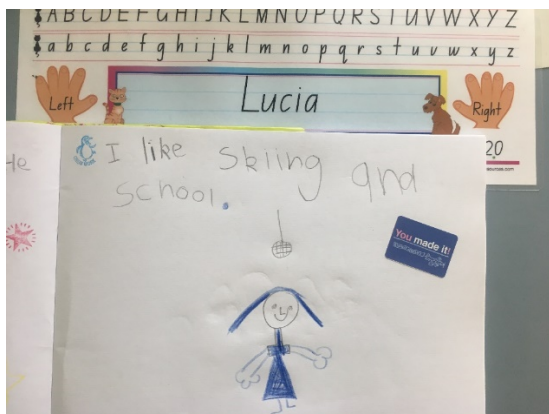
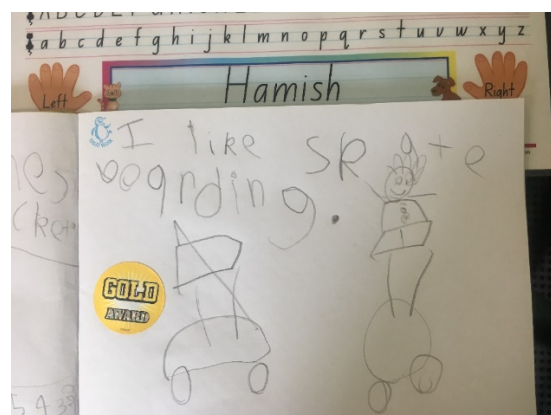
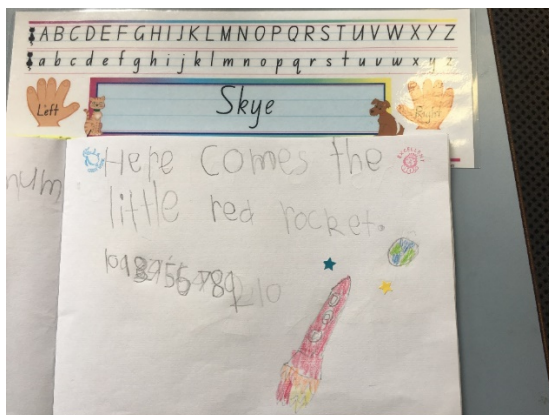
Best wishes to our chess team who are competing at Mona Vale Public School next Monday. Due to camp, only years 3 and 4 are competing in this competition and I am confident they will represent the school with pride. It is wonderful to have so many students interested in and dedicated to the activities our school offers. I look forward to hearing all about it on your return. Thank you Mr Cowling for organising this event and accompanying the students on Monday.

Year 5 and 6 Camp

What a busy week next week is! I hope all our Year 5 and 6 students have a wonderful time at camp. It is a time for strengthening friendships, building new friendships, challenging yourself and growing personally. Think responsibly, care for each other and HAVE FUN! Thank you to our Year 5 and 6 teachers who give up their own time to enable our students to have the great experience.

Celebrating Student Work

Kindergarten are producing some wonderful writing - can you believe they have only been at school six weeks? Look at these pieces of writing I saw on my visit to K Blue.



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Sizzling Starts - 6V have been learning to capture their audience's attention by creating sizzling starts in their writing. Students are really enjoying writing sizzling starts for different topics.

Topic: Lollies Shouldn't Be Allowed at Camp

Hop! Hop! Hop! That's the sound of kangaroos trying to break into your tent. You're scared so you curl up in your sleeping bag and that's when you feel it – 100s of little legs crawling up your arms and into your pocket full of lollies. "ANTS!!!!" you scream and now you are embarrassed in front of all of your friends. Was it really worth bringing lollies to camp?

Darcy S. 6V

Topic: Lollies Should Be Allowed at Camp

You are talking with all of your friends and you are so hungry but dinner is finished. You look in your bag and find some lollies but that is just in your head. In reality, you weren't allowed to bring lollies, so you starve to death. How would you feel if that was you?

Tilly C. 6V

Trudy Alcorn: **Principal (Relieving)**

From the Deputy Principal

School Interviews

The school will be hosting the Parent/ Teacher interviews this term on Tuesday 10 April and Wednesday 11 April in the last week of this term. These will be held for all classes K-6 in the Kempbridge school hall between 3.30 – 7pm. Your interview time will be for 10 minutes, so please ensure you are on time and respectful of the time allocated to you, to ensure the interviews do not run overtime. Some teachers will make some morning timeslots available in their classrooms too. These will be based on individual teacher availability. Please notify us of any cancellations 48 hours prior to your scheduled interview by emailing the school on seaforth-p.school@det.nsw.edu.au

To book your interview timeslot, please go to www.schoolinterviews.com and enter the passcode **sd2cm** . The interview booking timeslots will be open for bookings from **next Friday 23 March at 11am**.

Teacher Professional Learning in Term 1

Every school in NSW offers its teachers professional learning on a regular basis. This term at Seaforth PS we have a number of projects occurring. We are very excited about having experts from the Department of Education running an Action Learning Project with our Stage 2 and 3 teachers on Teaching Reading. While our teachers are experienced and talented in this area, it's always great to have the opportunity to look at current practices and work as a team. These teachers have been meeting with their project leaders once per fortnight to focus on best practises when teaching modelled, guided and independent reading. To support this project, teams of teachers have reorganised the schools reading resources, to enable better access to levelled readers and big books for all staff and students on both campuses.

We have also been focussing on assessment practises and our school reporting system. A draft plan for our new Semester 1 reports will be presented at next week's P&C meeting on Tuesday 20 March, if any interested parents would like to view it. Our other focus has been student self-assessment and how to manage this process using the Seesaw app. A number of learning opportunities have been provided for staff about how to utilise Seesaw and more are planned for Term 2.

Elizabeth Armstrong: **Deputy Principal**



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P&C News

A reminder the next P&C Meeting is on Tuesday 20 March at 7pm in the school Library. Following the P&C Meeting there will be an RMS air quality specialist presentation.

Richard Williams: **P&C President**

Office News

Lost Property

Please label your child's bag, lunch box and school clothes so these can be returned if lost. If your child brings anything home with another child's name on it, please return it to school immediately. At the end of each term lost property is washed and donated to the Clothing Pool, if unnamed.

Correspondence with School

When you are corresponding with the school, please state your child's first and second name and class. Thank you.

Office Staff

Library News

Mr Cowling's Retirement

By now, most of you have probably heard that I will be retiring at the end of Term 1. Whilst I am thrilled at the prospect of not having that 6 o'clock alarm go off next to my head every morning, I am also very sad to be saying goodbye to this most wonderful of schools. I have loved (almost!) every minute of being here, and I will miss you all!

Library World Cup Display

Thank you so much to all the families which have loaned us their soccer shirts for our FIFA World Cup display. (All the shirts will be returned, safe and sound, after the World Cup in July.)

The display is stunning, and dominates the Library the way the Colossus of Rhodes once dominated...Rhodes. If you're passing by the Library, come in and have a look – you will be impressed!

There is one shirt missing though, and our display will not be complete until we get it. So far, no one has brought in an Australian shirt. The moment someone brings in one of those, all the pieces will be in place.

Kel Cowling: **Librarian**

Chess News

Next Monday 19 March, a team of 18 chess players from Years 2-4 will be heading off with me on a bus to Mona Vale Public School to take part in that school's annual inter-school chess challenge. Unfortunately for our Year 5 and 6 chess players, the date of the tournament conflicts with our senior camp – otherwise we would have you there with us too.

Good luck to all our players. I have no doubt you will bring great credit to our school, and will have a great day!

Kel Cowling: **Chess Coordinator**



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Paul Kelly Cup - AFL

On Wednesday 7 March, we sent two girls and two boys teams to compete in the Paul Kelly Cup at Nolans Reserve. It was the first time playing AFL for many of our students. They displayed incredible skill and sportsmanship throughout the day. Our boys A team were undefeated and will progress to the regional competition in June. Our girls purple team were undefeated and our girls pink team lost only one game. Both our girls teams will progress to the next final. Our other boys and girls team both only lost one game. It was a phenomenal effort for these teams to pick up the skills of AFL so



quickly and to come together as teams and have such a successful day. Good luck at regionals to the team progressing!

Kel Cowling & Sammi Van der Saag: **AFL Coordinators**

Leadership Camp

This week, we went to the NBLA Leadership Camp, along with Lewis, Stella, Henry and Max. We enjoyed doing a high ropes course, raft building and lots of team building activities. We learnt how to effectively lead others, and we made lots of new friends who are leaders in other schools around our area. We had a great time!



Reid, Grace, Maddy and Albee



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Easter Hat Parade

On Thursday 29 March, students K-2 will participate in our Easter Hat Parade. We would like to invite parents, carers and family members to watch the parade, which will commence at 10.00am on the Kempbridge Avenue oval. Following the parade, you are welcome to stay and have morning tea with your child.

In the event of wet weather the parade will take place in the Kempbridge Hall.

To enable students to create their own, unique Easter hat we ask that each family provide the following resources:

- An inexpensive plain hat with an under chin ribbon

OR

- An ice cream container, covered with coloured paper with an under chin ribbon or elastic attached

Plus

- Some Easter themed craft items that your child can use to create and decorate their hat (no chocolate eggs please)
- Students will decorate their hats with the assistance of their teacher or buddies during class time. Please send to school the above items, clearly labelled with your child's name and class by Monday 19th March.

The K-2 students will make their Easter hats in class with the assistance of their big buddies, who will also walk with their buddies during the parade.

We look forward to your company during our annual Easter Parade!

Meryn Kay: **Kindergarten AP, Event Organiser**



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Kitchen Garden News



Kitchen Garden News

If you haven't signed up to volunteer in our fantastic Seaforth Kitchen or Garden and would like to do so, please use the following link. We still have lots of slots available. It doesn't matter if your child isn't in the class you want to help with. All help is gratefully received.

<https://signup.zoone/PE7ZQq8AkaipXzCQg>

This fortnight in the Garden, we have built on all the hard work that the children put in to prepare the beds, and have been busy planting. We have planted over 300 seedlings and seeds in the garden and are looking forward to looking after them and watching them grow.



We have continued to keep those pesky weeds at bay and have collected a lot of data to enable us to closely monitor our plants. We have also been examining and exploring our passionfruit crop and have begun to harvest our abundance of bananas.



In the Kitchen this week, we made...

Spring rolls

Ingredients

- 10g vegetable noodles
- Corned beef
- 1 onion
- 1 egg
- 1 shallot
- 100g pork
- 100g chicken
- 100g beef

What to do

- Wash vegetables and put in bowl to cook with water, until the vegetable and beef noodles are cooked.
- Put pork with onion and bring to boil.
- Add noodles to boiling water for 2 min.
- Drain and rinse noodles in cold water.
- Tip noodles into clean dry bowl and pat dry.
- Put in bowl all ready to be used.
- Peel and grate onion.
- Blend cabbage (finely).
- Cut shallots lengthways.
- Wash corned beef in water.
- Peel rest of onion and onion.
- Put beef in bowl in 100g.
- Chop beef.
- Mix all ingredients together.
- Cook beef and put in bowl in 100g.
- Fill large bowl with very warm water (beach may have to add boiling water).
- Put a single roll in water for 10 min.
- Lift out of water onto dry towel.
- Spoon 1 tsp. of mixture onto wrap, roll over then fold ends in and continue rolling.
- Place on serving tray with dipping sauce, sea salt and olive oil to taste to serve them.

Vegetable Sushi Recipe

Equipment

- Bamboo mat
- Sharp knife
- Chopping board

Ingredients

- Sushi Seasoning
- Seaweed sheets
- Vegetables

What to do

- Wash & slice vegetables
- Place 1 seaweed sheet on bamboo mat
- Use wet hands to spread $\frac{1}{2}$ cup of sushi rice onto the seaweed sheet - LEAVING 2cm boarder at the edge furthest from you DONT OVERFILL!
- Arrange the vegetables along the rice - about 5cm from the edge closest to you DONT OVERFILL!
- Pick up the edge of the mat and hold filling in place while rolling to close the seaweed sheet
- Gently press the mat to shape and seal
- Use a wet, sharp knife to cut each roll into 6 slices
- Serve with soy and ginger



Jessica Forbes and Chris Peskett: Kitchen Garden Teachers



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PSSA Results

Round 2 – 2nd March 2018

Senior Cricket Team – played Balgowlah Heights, we lost by 3 runs it was very close. Best players were 3 points to Will, 2 points to Lachie H and 1 point to Zane. Captains today were Zane and Sam.

Junior Cricket Team – played Balgowlah Heights and we lost a tough game. Best players were 3 points to Ollie and Archie, 2 points to Miguel and Tom and 1 point to Noah & Luca. Captains today were Mathew & Henry A.

T-ball Team – played Cromer and had an 18 all draw. We played a really good game and everyone was really resilient, responsible and everyone played fairly. The best player was Eden, the fairest player was Olive and the Captain today was Chloe E.

Softball Team – played Manly West and won 7-3. It was a great game and we had lots of fun. Thank you to Tilly for scoring the game. The best player was Roisin, the fairest player was Ruby and the Captain today was Natasha.

Senior Girls Eagle Tag A – played Cromer and won 5-1. We had a great game and all played our best. The best player was Eva, the fairest player was Roxy and the Captains today were Stella and Monica.

Senior Girls Eagle Tag B (Blue) – Played Harbord and lost 4-2. The best player was Eloise, the fairest player was Poppi and the Captains today were Laila and Albee.

Senior Girls Eagle Tag B (Silver) – Played Narrabeena and lost 11-1. We all had a great day. Shout out to Jasmine and Alba for supporting our team. The best player was Cassie, the fairest players were Sienna and Isy and the Captains today were Bellina and Emily.

Junior Girls Eagle Tag A – played Balgowlah North and tied 4-4. We all had a great game. The best player was Josie, the fairest player was Chelsea and the Captains today were Sophie and Amber.

Junior Girls Eagle Tag B – played Beacon Hill and lost 6-4. We were in the lead at half time but could not keep in front in the second half. The best player was Perri, the fairest player was Charlotte and the Captains today were Nasya and Lomani.

Senior Boys Eagle Tag A – played Cromer and won 10-7. We had a great game, the whole team played well. The best players were 3 points to Lewis, 2 points to Manuel and 1 point to Zach and Henry. The Captain today was Manuel.

Senior Boys Eagle Tag B – played Manly West and won 3-2. We were down at half time then Alec and James scored in the second half. The best player was 3 points to Alec, 2 points to James and 1 point to Max. The Captain today was Jasper.

Junior Boys Eagle Tag A – played Cromer and won 5-3. It was a great game, everyone was playing hard and we succeeded. The best players were 3 points to Angus, 2 points to Riley and 1 point to Otis.

Round 3 – 9th March 2018

Senior Cricket Team – played Manly West and lost a great game. Best players were 3 points to Sam H, 2 points to Saxon and 1 point to Joe. Captains today were Jono and Toby.

Junior Cricket Team – played Manly West and had a win by 4 runs. It was a Joe game, we had a fun afternoon. Best players were 3 points to Ollie, 2 points to Liam and 1 point to Joe. Captains today were Ollie and Noah.



T-ball Team – played Many West and lost 22-11. We played a great game and got 2 people out. The best player was Eve, the fairest player was Poppy and the Captain today was Abbie.

Softball Team – played Brookvale and lost 10-4. The best player was Annie, the fairest player was Natasha.

Senior Girls Eagle Tag A – played Balgowlah Heights and won 3-0. The best player was Kaila, the fairest players were Stella and the Captains today were Georgia and Roxy.

Senior Girls Eagle Tag B (Blue) – played Seaforth Silver and won 8-3.

Senior Girls Eagle Tag B (Silver) – played Seaforth Blues and lost 8-3. We had a great game. The best player was Angie, the fairest player was Bellina and the Captains today were Jade and Sienna.

Junior Girls Eagle Tag A – played Harbord and lost 5-3. The best player was Clementine and the fairest player was Maddy. We played every well.

Junior Girls Eagle Tag B – played Balgowlah Heights and won 4-3. We all played well, good job girls. The best player was Perri, the fairest player was Tyra and the Captains today were Abby and Tara.

Senior Boys Eagle Tag A – played Manly Vale and won 5-4. The best player were 3 points to Henry, 2 points to Lewis and 1 point to Lachie.

Junior Boys Eagle Tag A – played Manly Vale and won 3-2. We had a great game, they were a very good team but we managed to beat them. The best players were 3 points to Reo, 2 points to Reo and Flynn and 1 point to Hamish. The Captains today were Hugo and Carter.

Band News

Well done to all the Band kids and especially the Year 6 girls for all their excellent fundraising with our Easter Raffle! If you haven't had a chance to get your tickets, they are available for sale on Friday afternoon at the Kempbridge canteen.

Both Bands are hard at work learning pieces for the upcoming Band Intensive on March 25, their first concert at 5.00 p.m. is not one to be missed!

There are still places available in both bands for 2018, contact us if you would like to join - seaforthpsband@gmail.com

Dates for the diary:

March 25: Band Intensive

Performance Band - 12.30 pm - 5.30 pm

Training Band - 2.00 pm - 5.30 pm

Concert and sausage sizzle - 5.00 pm

March 29: Training Band Performing Hot Cross Buns at Easter Hat Parade

April 4: Performance Band performing at the Celebration of Learning Assembly



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SEAFORTH PUBLIC SCHOOL BAND

Easter Hat Parade HOT CROSS BUN Fundraiser



The Seaforth Public School Band will be organising a
“HOT CROSS BUN” fundraiser for
ALL CHILDREN IN YEARS K-6

Thursday 29th March at The Easter Hat Parade

These Hot Cross Buns will be super BIG and super yummy made by our very lovely Didiere owner of Taste of Belgium Cafe in Seaforth.

The cost will be **\$2.00 per Hot Cross Bun**

PLEASE NOTE - orders will only be available via Flexischools and
cut off will be Friday 23rd March 4pm.

There will be NO orders available to buy on the day!!

All proceeds will go to supporting our AMAZING Seaforth Public
School Band Program and Students.

If you have any questions please contact
elisabeth@srecruitment.com.au

Start ordering via Flexischools Monday 12th March!!!!

Allison Strickland: **Band President**



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Uniform Shop

Opening hours

Monday 8:45am to 10am

Thursday 2:45pm to 4pm.

Flexischools

Order online at www.flexischools.com.au and items will be delivered straight to your child's classroom.

Labels

Please remember to label your child's jumpers and hats. If they are labelled they can be returned to your child's class.



Summer Uniform

The shop is now fully stocked with summer uniform items.

Second Hand Items

We are very grateful for your donations of second hand items. 100% of the sale of these items goes directly to the school via the P & C. It is appreciated if items are washed before donation.

The uniform shop is currently fully stocked with summer uniform items.

Any queries please email Kitty at seaforthuniformshop@gmail.com or call/text 0410 418 836.

Kitty Williams: **Uniform Shop Coordinator**

Scholastic Book Club Orders Have Arrived!

Issue #2 is out now and catalogues will be making their way home this week. You can also view the catalogue online at <http://www.scholastic.com.au/schools/bookclub/catalogue.asp>

Paperwork-free credit card orders can be made online at <http://www.scholastic.com.au/LOOP>
OR by using the super quick and easy free Book Club LOOP for Parents App available from the Apple App Store and from Google Play.

For all cash, cheque and credit voucher orders: please fill out your order form, and submit along with your payment in a labelled, and sealed envelope into the Book Club Order Boxes at either the Kempbridge or Yatama Offices. Additional catalogues can also be collected there.

ORDERS CLOSE WEDNESDAY 28th MARCH!

Orders are usually delivered to your child's classroom approximately 1 week after the date on which orders close.

If you have any questions or difficulties please contact me at seaforthps.scholasticbookclub@gmail.com

Kitty Williams: **Scholastic Book Club Co-ordinator**



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Seaforth Public School

Kindergarten 2019

Is your child starting school next year?

Come and join us!

School Parent Information

Wednesday 23 May 6:00—6.45pm

(Library -Kempbridge Ave)

School Tours

Thursday 30 May 9:45 am

Friday 29 June 9:45am

Wednesday 15 August 9:45am

Tuesday 18 September 9.45am

(please book a tour with Kempbridge office)

K 2019 Parent & Student Transition Mornings

Tuesday – 23, 30 October & 6 November

(Students and parents are expected to attend all 3 Transition mornings 9.30 – 10.45am. Please contact the office in advance to confirm your attendance)

K 2019 Parent Information Evening

Wednesday 28 November 6:30pm

(Library -Kempbridge Ave)

Visit our website: www.seaforth-p.schools.nsw.edu.au

37 Kempbridge Ave, Seaforth

Ph: 9907 0284

14 Yatama Street, Seaforth

Ph: 9948 8111

Email: seaforth-p.school@det.nsw.edu.au



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Please Support the businesses that support Seaforth Public School!

Maria Cassarino


Seaforth's number 1 and most recommended agent for the 2nd year in a row.*

Call Maria your area specialist on 0411 818 093.

ratemyagent
2017 WINNER
AGENT OF THE YEAR
SEAFORTH



Medical and Wellbeing Centre



Welcome to Bupa Seaforth
Medical and Wellbeing Centre

Bulk billing kids under 12 years

Caring for your family's health

We offer a range of GP services plus physiotherapy, podiatry and psychology. A Practice Nurse is available and no appointment is necessary.

☎ 02 9917 0700

📍 550B Sydney Road, Seaforth
(access via Kempbridge Ave)

Consulting hours: Monday to Friday 9am - 5pm



SCHOOL HOLIDAY
CODESPACE CAMPS
Limited Spaces

LEARN TO CODE!

April Holiday Workshops for Kids
@ Brookvale/Curl Curl Scout Hall

Create Video Games
Build Minecraft Mods
& More

Ages 7+

Learn more & Book Online
Google "CodeSpace Camps"

CodeSpace Education
(02) 8806 3750

learncode.com.au



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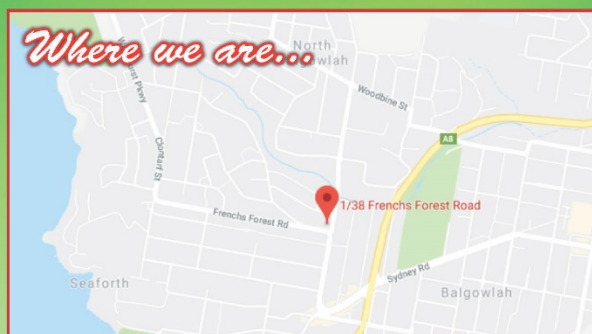
Web: www.seaforthpublicschool.com

Seaforth FRIENDLY GROCER GRAND OPENING

FRIENDLY GROCER SEAFORTH

What we serve:

Fruit and Vegetables
Meat - Beef / Lamb / Pork / Poultry
Fresh Bakery
Dairy
Ice Confectionery
Soft Drinks
Snacks & Confectionery
And more...



SPECIAL

Moccona Freeze Dry Coffee
200g Varieties



\$9.99

SPECIAL

Smith's Crinkle Cut Potato
Chips 150-170g Varieties



\$1.49

STORE LOCATIONS

FRIENDLY GROCER SEAFORTH

SHOP 1, 38 FRENCHES FOREST ROAD, SEAFORTH NSW 2092

Specials available from Wednesday 21st March to Tuesday 27th March 2018

We reserve the right to correct printing problems. Unless sold out earlier. Limit rights reserved. Some items may not be available in all stores.

NSW Z1 #12



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WALK | JOG | RUN

RACES START 8AM



**SUNDAY
18TH MARCH '18**
2.75 OR 5.3_{KM}

BALGOWLAH HEIGHTS PUBLIC SCHOOL

REGISTER AT: <https://bbolt.eventbrite.com.au>

PROUDLY SUPPORTED BY

Cunninghams



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BECOME AN INTERNATIONAL FAMILY IN 2018!

Hosting overseas students promotes an exchange of cultures, languages and traditions and will enrich your family's lifestyle. Students, aged 15-18, are wonderful role models for Australia's future generation. **Become a volunteer host family with WEP!**



**1,537 Aussie families hosting
10,000 Tim Tams consumed
Countless memories made**

"Our daughter has a big sister now, someone to talk to other than mum or dad! If you're thinking about hosting, do it! It's the most rewarding experience for your family!"
Nicole, three-time host mum.



REQUEST YOUR FREE INFO PACK TODAY!

**WEP.ORG.AU
INFO@WEP.ORG.AU
1300 884 733**



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