



The Seaforth Satellite

The newsletter of Seaforth Public School

Term 2 Week 8 – 20 June 2019

All you need to know in 30 seconds!

Dates for your diary:

June

- 20 Northern Beaches Instrumental Festival - Performance Band - 7pm: Pittwater HS
- 21 Winter PSSA – Round 7
- 25 Performance Band – Inter-generational Music Excursion: Opal Austral House
- 27 Excursion to Vacluse House – Year 1
- NSSWE Winter Series Concert – Training Band and Performance Band - 7pm: The Forest HS
- 28 Winter PSSA – Round 8

July

- 3 Training Band – Inter-generational Music Excursion: Opal Austral House
- Celebration of Learning Assembly – 2.15pm: Kempbridge Campus Hall
- 4 Excursion to Vacluse House – Year 1
- 5 NAIDOC Day – Wear red, yellow and black mufti
- Last Day of Term 2

Stay informed with the Seaforth Public School App available free on the Apple App Store and Google Play

Newsletters are also available on the school website www.seaforth-p.schools.nsw.edu.au

From the Principal

What a very impressive few weeks we have had with students shining in so many arenas!

Zone Cross Country

Congratulations to all our competitors in last week's Zone Cross Country. What a great team they were representing Seaforth. Good luck to Chelsea H., Jessica H., Hugo M. and Angus M. who have made it to the next level, Sydney North. What a great achievement! Many thanks to Miss Courouzou and Mr Trist who accompanied the students on the day.



Seaforth Public School

37 Kempbridge Avenue, Seaforth 2092

Phone: 99481694

Web: www.seaforthpublicschool.com

Year 1/2 Dance Group and Band Performance at Assembly

We were delighted by our Year 1 and 2 dance group this week at assembly when they performed in public for the first time this year. They are a very committed group of students who rehearse every Friday morning before school. Thank you to Miss Catlin and Miss Ede who choreograph and teach our young dancers so well. Our Performance Band also entertained us at this week's assembly and did an outstanding job, conducted by Mr Rob Jardine. We are very proud of all our students!



Choir

We are looking forward to hearing our school choir at our upcoming Celebration of Learning assembly in Week 10. This week they rehearsed at Chatswood as part of the mass choir for the Arts Alive Festival which is held in Education Week this year. The students are to be congratulated on their excellent behaviour and effort in representing our school at the rehearsal. Thank you to Mrs Alver for all her hard work preparing our school choir.

Debating

Last Friday we hosted a debate against Balgowlah Heights PS in our school library. I was fortunate to be able to watch the Year 6 debate and was very impressed by the standard of public speaking by all students. Our Year 5 team also debated and I am looking forward to watching them at their next home debate. Despite our teams not winning this time, they gave it every effort and were wonderful sports. Congratulations to both teams and to Miss Boyd and Miss Malhas for preparing our students so well for their debates.

Bands Performing at Nursing Homes

The next two weeks will see our performance band on Tuesday 25 June and training band on Wednesday 3 July performing for the residents of the Opal Austral House nursing home. This opportunity came through the Northern Beaches Council and was one we jumped at because it is more than just another opportunity to perform, it is giving back to the community, and what an important part of our community, our elderly. As someone who has a mum in a nursing home, I am so thrilled that we can do something that will give others such pleasure while teaching our students the importance of caring for our community. Thank you in advance to the Band Committee and students for enthusiastically jumping on board this opportunity!



Seaforth Public School

37 Kempbridge Avenue, Seaforth 2092

Phone: 99481694

Web: www.seaforthpublicschool.com

Open Day Next Term

A very important date for your diary will be upon us before we know it. On Tuesday 6 August we celebrate Education Week by hosting an open day. There will be open classrooms and a concert showcasing the wonderful things happening at Seaforth. More information with details will be sent out a little closer to the day. We hope many of you will be able to celebrate with us this very important week of acknowledging the importance of education.

"Education is not the learning of facts, but the training of the mind to think." Albert Einstein

Trudy Bates: **Principal**

From the Deputy Principal

Science Enrichment Group in Year 4



This term some students in Year 4 were selected to participate in our Science Enrichment group, led by Ms Joanne McLellan. The group have been engaged in a variety of activities each week to extend and develop their understanding of a variety of scientific concepts.

Last week they experimented with using potatoes to conduct electricity when making circuits. They used a voltmeter to determine how much voltage was created. They are currently preparing their entry to represent our school in next terms Science Fair, which will be run by Eye

Heart Science and hosted at Seaforth PS on Thursday 19 September.

Learning Support – Volunteers needed to be trained as Multi-Lit Tutors

Over the past few years we have been fortunate to be able to offer 1:1 reading support through the delivery of the Multi Lit program. We currently have 8 parent and community volunteers who deliver this program to students across Years 1, 2 & 3. There are a few vacancies opening up for Terms 3 & 4 if any community member would like to volunteer to be trained in this important role.

Our Learning and Support Teacher, Sarah Bye, would love to have a few more volunteers to train to fill these vacancies for next term. The commitment would be for a couple of hours in the morning one or two days per week. The tutors work 1: 1 with a child in ½ hr timeslots and usually work with about four students each morning. The Learning and Support teacher supports the tutors and guides the content to be taught for each lesson.



Seaforth Public School

37 Kempbridge Avenue, Seaforth 2092

Phone: 99481694

Web: www.seaforthpublicschool.com

We would like to run the training session in the last week of Term 2 on Wednesday 3 July, so that the program can begin starting from Week 1 in Term 3.

If you or a grandparent would be interested in volunteering for this highly rewarding role please contact myself or Sarah Bye by calling the school office or via email on SARAH.J.SCOTT@det.nsw.edu.au

Seaforth PS Spell-a-thon – Week 3 Term 3



In Term 3, our school will be running a **Spell-a-thon** from Friday 26 July until Wednesday 7 August. Spell-a-thons are a fantastic way to reinforce good spelling habits in our school while raising funds to purchase student and teacher reading and maths resources to support our students learning.

Students will be provided with a Sponsor Sheet & payment envelope at the end of Term 2, so they are able to collect sponsors during the school holidays. Students will be provided with list words appropriate to their ability in Week 1 of Term 3 to practice until Wednesday 7 August – Spell-a-thon day!

Many thanks to Balgowlah RSL, Plato's Republic Greek Restaurant, Andrew Boy Charlton Pool, Cremorne Orpheum, Q Station, Manly Kayak Centre, Manly Surf n Slide, Taronga Zoo, Pittwater Mini - Golf Centre, Tinker tank Robotics, Bunnings & McDonalds Brookvale who have donated prizes so far!

Volunteers Needed to Mark Spell-a-thon Papers – Wednesday 7 August

At the P&C meeting on Tuesday night, we requested if we could get about 10 parent volunteers to mark the Spell-a-thon papers on Wednesday 7 August.

We are hoping to be finished the Spell-a-thon by 10.30am, so marking would be from 10.30 – 11.30am approx. in the hall at Kempbridge. **Toddlers welcome.**

Please contact the office via email seaforth-p.school@det.nsw.edu.au attn: Liz Armstrong or phone 9948 8111 if you are able to assist.

Liz Armstrong: **Deputy Principal**

NAIDOC Week and SRC Fundraiser

Officially NAIDOC Week is the first week of the winter break; however, we will be celebrating in Week 10 (July 1 to 5). The last day of term will be NAIDOC Day. Students are encouraged to dress in red, black and yellow and bring a gold coin donation. The money raised will be donated to Stewart House; they are currently in the process of planting native trees and creating an outdoor yarning circle.

NAIDOC Week celebrates the history, culture and achievements of Aboriginal and Torres Strait Islander peoples. During the week, teachers will be sharing one Aboriginal voice a day. This might be a picture book, a video, an artwork or a poem. There will also be an assembly on Friday 2:45pm - 3:15pm.

This year's theme is *Voice. Treaty. Truth. Let's work together for a shared future.* The theme comes from three key elements set out in the 2017 Uluru Statement from the Heart. The theme also links to 2019 being celebrated as the United Nations Year of Indigenous Languages (look out for the special 50c coins that have been issued to mark the occasion).

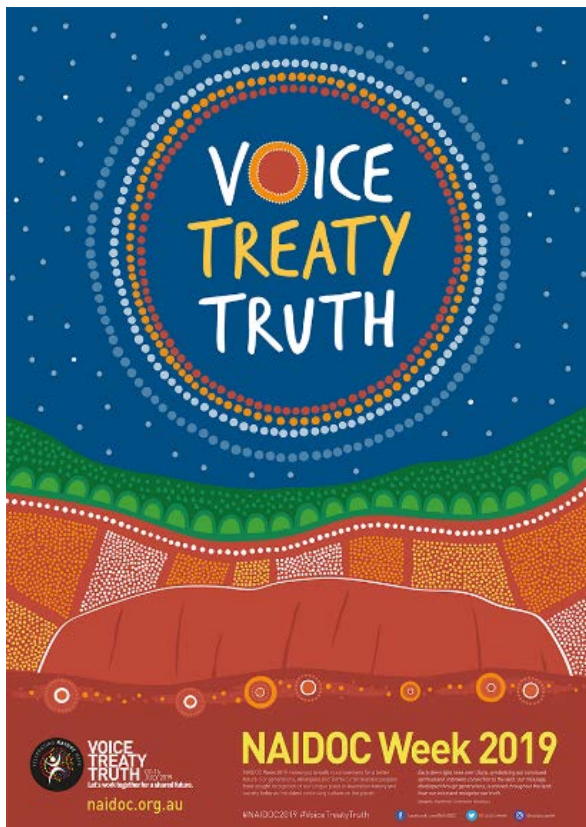


Seaforth Public School

37 Kempbridge Avenue, Seaforth 2092

Phone: 99481694

Web: www.seaforthpublicschool.com



WHEN: Friday 5 July

WHAT TO WEAR: Red, black and yellow

WHAT TO BRING: Gold coin donation



Tonia Marshall: **NAIDOC Week Co-ordinator**

Zone Cross Country Carnival

Last Thursday 13 June, 6 people from each age group went to Zone Cross Country. Everyone tried their best even when some were sick. Congratulations to Chelsea H, Jessica H, Hugo Mc and Angus Mc for making it through to the Regionals. Good luck to them for Friday when they are running in Gosford. Special thanks to Mr Trist and Miss Courouzos for being there to support us.



Alex F, Eliza G, Kaya B, Lulu H and Olive Mc: **Student Competitors**



Seaforth Public School

37 Kempbridge Avenue, Seaforth 2092

Phone: 99481694

Web: www.seaforthpublicschool.com

Wet Weather Raincoat Reminder

A reminder that all students should have a raincoat packed in their bag each day, particularly during periods of wet weather. All toilets are situated outside the classroom buildings, so students should have a raincoat to ensure they stay dry during bathroom visits, as well as when collecting orders from the canteen, moving between library and music lessons, moving between campuses and transitioning to the playground at school pick up time.

Lost Property

Lost Property is overflowing with jumpers and fleeces. Vicki Hart has been working hard to sort and return lost items however a large number have no name, or only the name of a former student. Please check Lost Property if you are missing any items. All unnamed items, or those of former students with no siblings at Seaforth will be donated to the Uniform Shop's second hand department by the end of term.

Kitchen Garden News

Congratulations to all students who worked hard to spruce the garden up last Wednesday for the teacher visit. The proud students swept the paths, trimmed the trees and added new garden signage so their teachers could see what they have been doing this semester. Students wrote notes to the staff explaining what they liked about the garden.

"The garden is a wondrous natural beauty and is a perfect time to be free with the environment. There are so many fun jobs and adventures to be found and to do." Heloise 4W. Teachers explored the garden and enjoyed tasting some of the fresh herbs and produce



K Green had a lesson on growing a bean seed this week. First students closed their eyes and explored the whole seed by touching it, then by smelling it and then looking very closely at the seed. Only after they imagined the seed being watered and getting bigger, growing a root, shoot and climbing up towards the sunshine, the students set up their experiment at the window sill. Watch out here comes many a beanstalk for Jack!



Seaforth Public School

37 Kempbridge Avenue, Seaforth 2092

Phone: 99481694

Web: www.seaforthpublicschool.com

Here is a quick snapshot of some garden produce this week: Bananas, thyme, lemongrass, lettuce, tomatoes, Chinese cabbage, baby carrots, chives and parsley



Tanya Leishman **Kitchen Garden Teacher**

PSSA Winter Sport – Round 6 Match Reports

Round 6 – Friday 14 June

Netball: Junior A's– Played Harbord PS and won 20-2. We all played amazingly well and did a good job. Thanks Miss Carlton for umpiring our game. Good game girls. Best players were Belle and Zoe. Fairest players were Tyra and Poppy. Captains: Georgia and Heloise

Netball: Junior B1's – Played Narraweena PS and won 10-2. It was a tough match but we won 10 to 2. Everyone played exceptionally well. Great game girls. Best player was Maddy. Fairest player was Lola. Captains: Eden and Georgia

Netball: Junior B2's– Played Manly West PS and won 11-2. Good game girls and a thanks to Miss Williams for coaching us. Best player was Addy. Fairest player was Elen. Captains: Rubi and Tahlia

Netball: Junior C's – Played Manly Village PS and were defeated 0-14. It was a tough game girls. Sadly we lost but we had fun. Good game girls. Best player was Jessie. Fairest player was Ellie. Captains: Eliza H and Ellie S



Seaforth Public School

37 Kempbridge Avenue, Seaforth 2092

Phone: 99481694

Web: www.seaforthpublicschool.com

Netball: Senior A's – Played Balgowlah North PS and won 20-4. Good game girls. Best player was Zara. Fairest played was Ruby. Captain: Sienna C

Netball: Senior B's – Played Beacon Hill PS and won 18-3. Thank you Morgan for playing for us. Best player was Bellina. Fairest player was Eliza G. Captains: Charlotte F and Jasmine G.

Netball: Senior C's – Played Curl Curl North PS and were defeated 24-0. Today we played a hard game. We tried our best but sadly lost. Thank you to Miss Wilson for refereeing us today. Good game girls. Best player was Lavinia. Fairest player was Mish Mish. Captains: Lucy and Maddi S

Nettas – played Manly West PS and were defeated. Good game girls. Best player was Sophie W. Fairest player was Emily. Captains: Georgia G and Sophie R

Rugby League: Juniors – Played Harbord PS and won 22-0. We had a great game. Best player was Ollie C. Fairest players were Cooper and Sam. Captains: Angus and Henry

Soccer A's: Junior Boys – Played Beacon Hill PS and won 2-0. Best player was Matt. Fairest player was Thomas. Captain: Liam

Soccer A's: Senior Boys – Played Beacon Hill PS and were defeated 5-0. Best players were Will and Mathijs. Captain: Liam H

Soccer A's: Junior Girls – Played Balgowlah Heights PS and lost 0-1. A big thanks to Mr Peskett for coaching such a great game. Good game girls! Best players were Xanthe and Grace E. Fairest players were Jess and Zara.

Soccer A's: Senior Girls – Played Balgowlah Heights PS and were defeated 3-4. WE all tried our hardest and played a great game. Thanks to Mr Peskett for being a wonderful coach. Good job girls!. Best player was Sophie. Fairest player was Mischa.

Soccer B's: Junior Boys – Played Beacon Hill PS and won 3-1. Good game boys. Best players were Henry and James.

Soccer C's – Played Dee Why PS, Beacon Hill PS and Manly West PS. The Red Team were defeated 0-3 and won 1-0. The Black Tea, were defeated 1-2 and won 3-0. The White Team were defeated 0-3 and won 2-0. The Blue Team were defeated 0-4 and won 3-0. Best players were Elke, Gemma B, Jacob and Harriette. Fairest players were Sarah, Anna, Andrew and Jessica. We had a great time playing. Great job everyone





Seaforth PS Spell-a-thon

Friday 26 July – Wednesday 7 August

Fabulous prizes to be won!

1st Ipad

2nd Boogie Board

3rd \$100 Westfield Gift Voucher

Family Pass to Q Station Ghostly Encounters Tour

Manly Kayak Centre Vouchers

Pittwater Golf Centre Family Pass

Double Passes to Cremorne Orpheum

Family Pass to Taronga Zoo

Tinker Tank Robotics Holiday Camp Voucher

Manly Surf n Slide tickets

Bunnings gifts & vouchers

McDonalds vouchers

and more to come!

Sponsor notes go home at the end of Term 2



Seaforth Public School

37 Kempbridge Avenue, Seaforth 2092

Phone: 99481694

Web: www.seaforthpublicschool.com



Seaforth Public School Parents & Citizens

P & C News

Next Meeting: Tuesday 20 August, 7pm Kempbridge Campus Library

Stay up to date by joining the P&C's "Seaforth Public School Community" Facebook page. Simply search "Seaforth Public School Community" on Facebook and request to join.

Hello fellow Seaforth parents and citizens!

We have some fantastic things going on right now, so let's dive in shall we?

Tuesday's P&C meeting welcomed our OSH to talk about what's happening at their centre in Baringa Ave. After *cultural competence* being a focus during Term 1, Term 2 sees them looking at *mental health*, both for students and staff. Unfortunately, OSH will be closed during the July holidays, but families can take their children to nearby centres. Just be aware you need to register them for each centre. OSH are also looking for speakers to talk to the kids about topics relevant to the community and their focus topics.

Our first major fundraising event is the Party for the Playground, on Saturday, 27 July. The theme is old school disco, and if you're wondering what to wear, just Google "90s fashion" for a head start. There will be prizes for the best dressed, so go for it! As the event name suggests, we're raising money for the new nature playground to be built at the Kempbridge campus. If anyone has an experience, product or service they can offer at auction, please email hello@seaforthpnc.org.

World Teacher Day is coming up in October, so as an appreciation gesture to our wonderful Seaforth teachers and staff, the P&C will be gifting them with a new Seaforth Public School KeepCup and a month's supply of coffee from Four Brothers Espresso. Four Brothers are kindly providing the coffees at cost, so the overall cost to the P&C is approximately \$850. It's a small price to pay to give thanks to those who educate our children.

Deputy-Principal Liz Armstrong is running a fundraising Spell-a-thon in Term 3 (spelling is a school-wide focus this year) and needs a few volunteers to help mark the papers. That will be on Wednesday 7 August, in the morning. Liz is also looking for volunteers to help with one-on-one reading support via the school's multi-lit program. There will be training in Week 10 (in two weeks), so please help out if you can.

The nature playground itself has progressed to the design phase. Corina Crowe has handed the project over to Ian Tuckey (who has three children at Seaforth), and his building project skills are really coming to the fore. The shortlisted suppliers will be providing us with concept designs by the end of next week. That will be very interesting. Currently the budget is \$100,000, which for a playground, isn't really enough, so we are hoping to get a bit more out of the next couple of fundraising events, including the aforementioned Party for the Playground.



Seaforth Public School

37 Kempbridge Avenue, Seaforth 2092

Phone: 99481694

Web: www.seaforthpublicschool.com

After setting everything up for the Walking School Bus, unfortunately we couldn't get enough volunteers to make it viable. The structure is in place if we ever do get the volunteers we need, and we thank Corina for the amazing effort to get everything ready in less than a month.

Jacky Fraser gave a finance update and the P&C has \$196,000 in various with \$50,000 of that allocated to the playground already and another \$56,000 required as the last payment for the Yatama artificial grass area. That leaves \$90,000 left over. That seems like a lot, but we like to have \$100,000 in the account as a safety net for unexpected funding requests. The good news is the uniform shop and the canteen have been accumulating profits in their respective bank accounts over the last couple of years, so they have donated \$50,000 to the P&C, which will certainly help to get the playground over the line and assist with other projects too.

An example of an unexpected issue is the sandpit and mulched area next to the canteen. The recent heavy rain washed much of the sand and mulch away, so at the meeting we resolved to rectify the area with some additional sandstone blocks and to dig the sandpit deeper. We hope to achieve that task in the next few weeks.

Lastly, a good news story. The school supports families experiencing financial or emotional hardship from time to time and the P&C will be anonymously assisting them with canteen lunches and uniforms as the need arises. It is a low cost and will help local families in need. Thank you to Paul Hart (P&C Treasurer) for driving this worthwhile initiative.

Remember to get those Party for the Playground tickets!

FUN-draising Calendar 2019

This year's fundraising calendar is taking shape very nicely:

- Sat. 27 JUL - OLD SCHOOL DISCO (for parents)
- Fri. 30 AUG - FATHER'S DAY BREAKFAST
- Thu. 12 SEP - NEW SCHOOL DISCO (for kids)
- Fri. 25 OCT - MOVIE NIGHT (for families)
- Thu. 7 NOV - COLOUR RUN (K-6)
- Sat. 7 DEC - SEAFORTH GALA
 - SUSTAINABLE CHRISTMAS MARKET
 - SANTA GROTTO (get your photo Santa)
 - CAMPOUT (pitch a tent on Kempbridge campus oval)

Mark those diaries!

Jeremy White: **SPS P&C President**



Seaforth Public School

37 Kempbridge Avenue, Seaforth 2092

Phone: 99481694

Web: www.seaforthpublicschool.com

Band News

We are all still on a 'camp high' from Band Camp two weeks ago. All the children in the programme learned SO much, and listening to them all play is such a joy! The whole school is thankful for all those who helped at Band Camp, especially to **Vanessa Sutton**, the Band Camp co-ordinator. A special shout out goes to the heroes who stayed overnight: **Cameron Harris; Jason Hollier; Cath Gray; Tracey Hurley; Vicki Hammond; Maria Klothos** and **Phil Madsen**, we are all so grateful. Of course none of this would be possible without the support and encouragement we get from the school, a particular thanks to **Trudy Bates, Brooke Alver** and **Richard Trist** for giving up your own time (and your sleep!) for our benefit.

With the skills gained at Band Camp in our back pockets we are ready to knock out the next few performances listed below. Keep practising!

Dates for the Diary:

June 20 - 5.00 pm - Pittwater Festival - PB only

June 25 - PB Intergenerational Music Excursion (School hours)

June 27 - 6.30 pm - NSSWE Winter Series - TB & PB

July 3 - TB Intergenerational Music Excursion (School hours)

July 3 - Celebration of Learning Assembly - Awards + TB Plays

For any questions, or to join the Band, please contact us on seaforthpsband@gmail.com

Allison Strickland: **Band Committee President**

Uniform Shop News

Opening Hours: Monday 2.45-4.00pm & Thursday 8.45-10.0am

Back in Stock

The following items are now back in stock - Girls Dance Pants in all sizes, White Boys Winter Shirts in size 6 and Boys Ties. We are still out of stock of Fleece Track Pants in size 6.



Seaforth Public School

37 Kempbridge Avenue, Seaforth 2092

Phone: 99481694

Web: www.seaforthpublicschool.com

Flexischools Orders

Order for all school uniform items can be placed via Flexischools, using either the new Flexischools App, or via the Flexischools website. Orders are delivered twice weekly to your child's classroom and itemised receipts are emailed to you upon the order being processed.

Thankyou to our volunteers Rina Suranto, Collen Mehta and Ulrika Dijkstra, and our student helpers Anna Mc, Lauren D-S, Thea D, Telesia P and Kiki H!

If you have any questions or require assistance please contact me directly by text on [0410 418 836](tel:0410418836) or via email at Seaforthuniformshop@gmail.com

Kitty Williams: **Uniform Shop Co-ordinator**

School Banking - Tuesdays: 8.45-9.10am in the Uniform Shop

Seaforth Public School is excited to offer the Commonwealth Bank School Banking program to all students. School Banking is a fun, interactive and engaging way for young Australians to learn about money and develop good savings habits. Children who deposit money into their Youthsaver account through School Banking earn Dollarmites tokens, which they can save up and redeem for exciting rewards.

The rewards available during 2019 are:

- Scented Stackable Highlighters*
- Snowy Origami Set*
- Icicle Slapband Ruler*
- Yeti Fluffy Notepad*
- Arctic Owl Fluffy Keyring
- Scratch Art Cards
- Water Skimming Bounce Ball
- Polar Pencils & Pencil Toppers



*Available Term 2.

For every deposit made at school students will receive a silver Dollarmites token. Once students have individually collected 10 tokens, they can redeem them for exclusive School Banking reward items in recognition of their regular savings habits. There are two new items released each term so be sure to keep an eye out for them!

School Banking is also a great fundraiser for our school. Our school receives a Regular Savers Contribution of \$5 for every 10 deposits processed per student as well as an Annual Contribution which is based on the number of students who made at least one School Banking deposit in the prior year.

Each week you need to **bring your completed book/wallet to the school banking desk before school to complete your deposit.**

If you are interested in opening a Commonwealth Bank Youthsaver account for your child you can visit commbank.com.au/schoolbanking and click on the link to open a Youthsaver account.

Jacky Fraser: **School Banking Co-Ordinator**



Seaforth Public School

37 Kempbridge Avenue, Seaforth 2092

Phone: 99481694

Web: www.seaforthpublicschool.com

Scholastic Book Club News



Orders for Scholastic Book Club Issue 4 close tomorrow – Friday 21 June

You can view the catalogue online at <http://www.scholastic.com.au/schools/bookclub/catalogue.asp>

Paperwork-free credit card orders can be made online at <http://www.scholastic.com.au/LOOP> OR by using the super quick and easy free Book Club LOOP for Parents App available from the Apple App Store and from Google Play.

For all cash, cheque and credit voucher orders: please fill out your order form, and submit along with your payment in a labelled, and sealed envelope into the Book Club Order Boxes at either the Kempbridge or Yatama Offices


Orders are usually delivered to your child's classroom approximately 1 week after the closing date for orders.

ORDERS CLOSE FRIDAY 21 JUNE!

If you have any questions or difficulties please contact me at seaforthps.scholasticbookclub@gmail.com

Kitty Williams: **Scholastic Book Club Co-ordinator**

Term 2 2019



BEFORE SCHOOL SCIENCE

Onsite Science fun Thursday mornings before school
7:45 – 8:45am Yatama Campus

For more information or to book a place:
<https://www.eyeheartscience.com.au/seaforth-public/>



Seaforth Public School

37 Kempbridge Avenue, Seaforth 2092

Phone: 99481694

Web: www.seaforthpublicschool.com

Please support the businesses that support Seaforth Public School!

Maria Cassarino

Seaforth's Number 1 and Most Recommended Agent*
Call Maria, your area specialist on 0411 818 093.



*ratemyagent.com.au



Reid **Family** Lawyers

Sound advice and expert representation in all facets of family law including:

- Separation & Divorce
- Spousal Support
- Mediation
- Property Settlements
- Parenting Issues
- Relocation

Ph: 02 9091 0220

Suite 249, 117 Old Pittwater Road, Brookvale

Email: admin@reidfamilylawyers.com.au

www.reidfamilylawyers.com.au



ACCREDITED SPECIALIST
FAMILY LAW



Seaforth Public School

37 Kempbridge Avenue, Seaforth 2092

Phone: 99481694

Web: www.seaforthpublicschool.com

WHAT'S ON



KIDS' SCHOOL HOLIDAY

Cooking classes

Thursday 4th July

9am - 12pm Asian with Lunch
3 - 6pm Italian with Dinner

Or create your own private group
and select your menu and call to
secure your date

Allergen friendly, delicious,
nutritious recipes.

Bookings via the Nourishing Nosh website

LOU EDNEY is a nutritionist and founder of Nourishing Nosh. Since 2008, Nourishing Nosh has fed many and taught countless numbers of Sydney-siders the transformational benefits of delicious, nutritious whole food, its health promoting powers and how to cook it.



CONTACT

phone 0401 370 379
louise@nourishingnosh.com.au

Timetable, bookings &
lots more online

www.nourishingnosh.com.au

INSTAGRAM
@nourishingnosh



DISCOVER WHY MORE FAMILIES ARE SWITCHING TO BLISS!

At Bliss Early Learning, we put your child first, second and last. We take pride in our excellent service, our fun, friendly and qualified educators and our state-of-the-art, exceeding-rated child care centres.

Bliss is paving the way and setting the standard for the next generation in early learning for children up to five years old. When you choose Bliss, you receive:

- ✓ **FREE** Public Holidays, always!
- ✓ **FREE** Nappies
- ✓ **FREE** BlissBeats Music Program
- ✓ **FREE** Kids Fitness Program including Yoga!
- ✓ **FREE** School Readiness Reading Program
- ✓ **FREE** Language Classes
- ✓ **FREE** Centre Tours
- ✓ **FREE** Waiting List



bliss
EARLY LEARNING

Enrolling now!
1300 717 777

For more information
about touring our centres
or enrolling your child at
Bliss Early Learning, call us
on 1300 717 777 or email
support@bliss.edu.au.

1300 717 777
support@bliss.edu.au
www.bliss.edu.au



Seaforth Public School

37 Kempbridge Avenue, Seaforth 2092

Phone: 99481694

Web: www.seaforthpublicschool.com

THE BEST
SCHOOL HOLIDAY CAMPS ON THE PLANET

3-DAY MULTI SPORTS CAMP

JULY 10, 11, 12

KILLARNEY HEIGHTS
HIGH SCHOOL
KILLARNEY HEIGHTS
NBSC SENIOR CAMPUS
FRESHWATER

JULY 17, 18, 19

Get your game on!

- ☆ 3 full days for only \$139
- ☆ Kindy - Year 6
- ☆ 8:30m - 3:30pm daily

FREE Motiv8sports Jersey
for all new campers &
Early bird savings 10% off
LIMITED TIME

BOOK
NOW

motiv8sports

VISIT MOTIV8SPORTS.COM.AU
#noonedoesitlikemotiv8sports



Seaforth Public School

37 Kempbridge Avenue, Seaforth 2092

Phone: 99481694

Web: www.seaforthpublicschool.com

Come along for some fitness, fun and games at our
ACRO Dance Holiday Camp

DANCE
★**PLUS**

Monday July 8th
Tuesday July 9th
@ Seaforth Anglican Church

\$85 per day 8am-6pm

9:30-3:30 Acro Dance Activities

Extended care available from **8:00-9:30am** and **3:30-6pm** at no extra cost!

For further information visit

www.seaforthdanceplus.com.au

CAMPBLUE MANLY

02 9400 9413

WWW.CAMPBLUE.COM.AU

"Camp Blue is not just a
vacation care it is an
experience that will stay
with your child forever"

CCS Accredited Program

1:6 Ratio Staff to Campers

8.00am - 6.00pm option

Create your own schedule

Located @ Stella Maris Manly



Art
Beach Games
Book Club
Chess
Chiefs Good Vibes
Cooking
9 Square
Drama
Hip Hop
Makerspace
Movie Magic
Mindfulness
Newsroom Studio
Netball
Photography
Random
Touch Footy
Soccer

July Specialty Program

Freestyle Gym Warrior
(Trampolining and Ninja Warrior)

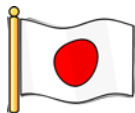


Seaforth Public School

37 Kempbridge Avenue, Seaforth 2092

Phone: 99481694

Web: www.seaforthpublicschool.com



VS Oceania Pty Ltd

Wanted:

Families to host a Japanese student 28th July– 5th August 2019

Students are aged 14-15 years & speak some English.

What you need to provide: a comfy bed (sharing a room is fine)
3 meals a day

daily transport to/from Stella Maris College

Families are paid \$50 per night per student for hosting.

Students attend school on week days & enjoy family life with you on the weekend.

For further information or any questions - Tel: 9889 4366

<http://www.vsoceania.com>

Takashi: ushinohama@vsoceania.com mob: 0423 097 518 /0408 468 538

**Could your child's resilience
do with a boost?**

BOOK NOW into our fun and play-based Term 3
after school Resilience Workshops!
For K-Y3 | 3.30-4.30pm

Tuesdays | Forestville Arts and
Community Centre

Tuesdays | Wheeler Heights Public
School

Wednesdays | Curl Curl Sports Centre

Social and emotional skills for everyday
children experiencing everyday
challenges

BOOK NOW into our July Holiday Camps!
Wheeler Heights, Roseville, Neutral Bay,
Camberay, Lilyfield
Calm Camps, Friendship Camps, Confidence
Camps and Resilience Bootcamps
For ages 5-8 and 9-12

www.resilienceinkids.com.au
hello@resilienceinkids.com.au
0406 776 800



**RESILIENCE
IN KIDS**



Seaforth Public School

37 Kempbridge Avenue, Seaforth 2092

Phone: 99481694

Web: www.seaforthpublicschool.com



HOLIDAY and Term WORKSHOPS

Age 7-12 – all ability levels

EARLY BIRD 21ST JUNE Creative Kids Provider



Interactive, FUN, games; activities; Holiday VIBE

Children LOVE these workshops

Super SONG WRITING and Poetry SLAM

HILARIOUS Humour

DANGER, Risk and PERIL

July 16, 17 and 18th 9am-3.30pm

POPULAR so BOOK NOW

Term Workshops: Mondays July 29th-7 weeks

www.scribeshack.com.au

Helping Children To Love Writing

(e) hello.scribeteam@gmail.com (m) 0407600885

FORM DANCE STUDIOS

2020 PERFORMANCE TEAM AUDITIONS

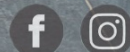
Monday 24th June - Friday 5th July



Enquire Today!

formdancestudios.com.au

info@formdancestudios.com.au



Have fun FRENCHS FOREST These School holidays at MINI STARS GYMNASTICS

HAVE FUN
MAKE NEW FRIENDS
BUILD CONFIDENCE
DISCOVER NEW
OPPORTUNITIES

Monday 8th – Friday 19th

Bookings: ministars.com.au/holiday-camps/

Age +
3 yrs

8-4pm
(ext hours upon
request)

\$60

Discount on 3 or
more days



16 Grattan cres Chantal 0421575182 [f](https://www.facebook.com/ministars.com.au) [i](https://www.instagram.com/ministars.com.au) ministars.com.au



**we don't just teach
drama, we teach life!**

After-school drama classes that will make the world their stage.

10% OFF Term 3 Fees or 25% OFF if your friend joins too!
(New students only, valid until 9/8/19)

join a class today

☎ 0450 107 367

✉ sydneythbeaches@ogradydrama.com.au

🌐 ogradydrama.com.au



Seaforth Public School

37 Kempbridge Avenue, Seaforth 2092

Phone: 99481694

Web: www.seaforthpublicschool.com



Connecting as Dads

Wednesday 26 June, 7 - 9pm

Tips and tools to help connect with your teen.

Men's counsellor and father of two teens,
Adrian Workman will lead this interactive forum.

Seaforth Village Community Centre - Meeting Room

Free

Enquiries: Youth and Family Counselling on 9976 1489

Bookings: patricia.robinson@northernbeaches.nsw.gov.au



northern
beaches
council



Family &
Community
Services



Seaforth Public School

37 Kempbridge Avenue, Seaforth 2092

Phone: 99481694

Web: www.seaforthpublicschool.com

Winter School Holiday Activities



Check out our school holiday activities for primary school students

Students will receive an interactive presentation on banknote security features and get a sneak peek at the new uncirculated \$20 banknote. They will also be taken on a guided journey through the Museum and learn about the history of Australia.

Sessions for Kindergarten – Year 2

Monday 8th July, 10.00am – 11.30am

Wednesday 10th July, 10.00am – 11.30am

Friday 12th July, 10.00am – 11.30am

Sessions for Year 3 – Year 6

Monday 8th July, 1.00pm – 2.30pm

Wednesday 10th July, 1.00pm – 2.30pm

Friday 12th July, 1.00pm – 2.30pm



Cost: Free

Registrations of interest are now open.

To register your child please visit the Museum Website

www.museum.rba.gov.au/events

Important Information:

Offers for attendance to School Holiday sessions will be sent 5-10 business days out from the event. As this is a highly subscribed event we cannot guarantee all registrations will be offered a place for this school holiday period.

Email: museum@rba.gov.au

Phone: (02) 9551 9743

Ground Floor, 65 Martin Place
Sydney NSW 2000



RESERVE BANK OF AUSTRALIA



Seaforth Public School

37 Kempbridge Avenue, Seaforth 2092

Phone: 99481694

Web: www.seaforthpublicschool.com

explore

life
faith
meaning



You're
invited to
Try Alpha

Alpha

FREE Morning Tea Alpha Launch

Friday 5th July 2019

9.15am

North Harbour Parish Centre

2 King Street Manly Vale

For More information contact:

Phone or text Lea on

0418645653 or Judith

0406114879

Checkout our Facebook
Page – Catholic Community
of North Harbour Alpha

Sign up on our Facebook
Page or by text or follow the
link

<https://forms.gle/kRNBCa4tn2lo4DP7>

THE FOREST FESTIVAL OF LIGHTS

& COLOUR FUN RUN

Join us on Friday August 30 2019
3.30 - 8.30pm for an evening of music,
silent disco, food and market stalls.

4pm - Community Colour Run

Contact The Forest High to sign up
for the Colour Run or further
information

nicole.murray@det.nsw.edu.au



Seaforth Public School

37 Kempbridge Avenue, Seaforth 2092

Phone: 99481694

Web: www.seaforthpublicschool.com

BAYRUN

SUNDAY 4 AUGUST 2019



Join our school's BayRun '19 team!

Sunday August 4, 2019 at 8am

Run the Primary OSHCare 2km children's challenge

Everyone receives a medal for taking part!

Register now at www.bayrun.com.au

Like us on facebook.com/bayrunaustralia/



Make your race count!

Fundraise for the Indigenous Literacy Foundation and help children in remote communities across Australia!

Set up your own fundraising page at:

give.everydayhero.com/au/team-bay-run-2019



Seaforth Public School

37 Kempbridge Avenue, Seaforth 2092

Phone: 99481694

Web: www.seaforthpublicschool.com

Sydney North Region Scouts and Guides present



TUNE IN

HGS 201.9

5 - 13 JULY



GIRL GUIDES
AUSTRALIA
NSW & ACT



Scouts
NSW

Barker College, Leslie Theatre: 91 Pacific Hwy, Hornsby

Tickets: Adult \$25, Child (under 16years) \$15, Concession \$20, Family (2 adult & 2 children) \$70 *Plus booking fee*

BOOKINGS: WWW.GANGSHOW.COM

120 local Scouts and Guides on stage in a musical variety show



Seaforth Public School

37 Kempbridge Avenue, Seaforth 2092

Phone: 99481694

Web: www.seaforthpublicschool.com