



The Seaforth Satellite

The newsletter of Seaforth Public School

Term 4 Week 4 – 8 November 2018

All you need to know in 30 seconds!

Date for your diary:

November

9 th	PSSA Summer Sport Round 10
12 th	Year 5 & 6 Interrelate Program
16 th	PSSA Summer Sport – wet weather make up
16 th	Parent Forum 1 – 7.30am School Library
19 th	Year 5 & 6 Interrelate Program
20 th	Parent Forum 2 – 5.30pm Kempbridge Staffroom
20 th	P & C Meeting 7pm – School Library
21 st	K-6 School Assembly
22 nd	Parent Forum 3 – 9.30am Kempbridge Staffroom
23 rd	PSSA Summer Sport – Semi Finals
26 th	Year 5 & 6 Interrelate Program
28 th	Special Sports Assembly
28 th	Kindergarten 2019 Parent Information Evening
30 th	PSSA Summer Sport Finals

Newsletters are available on the school website and the parent portal

<http://www.seaforth-p.schools.nsw.edu.au/home> www.seaforth-p.schools.nsw.edu.au

From the Principal

Kindergarten 2019 Transition Program

On Tuesday we completed our third week of the Kindergarten 2019 Transition to School program. The students that came to visit were so settled and we are very excited about them starting at Seaforth (big school) next year. Thank you to Mrs Kay who coordinated the visits along with Mrs Armstrong, Ms Catlin, Ms Malhas and Mrs Trevenar for the administrative help. Thank you to our OSH coordinators who spoke to the parents, Sue Yates (canteen) and Kitty Williams (uniform). What a team! Our final Kindergarten 2019 event is an information evening for parents only on Wednesday 28 November from 6-7pm in the library. This will go over the Best Start Interviews, practical tips for the start of the year and a Q&A session.

Concert News

As you are aware, this year we are hosting our annual concert in Term 4. After careful consideration the staff chose to prepare for you a K-2 and a 3-6 concert. This will mean logistically it should run a lot smoother. Given we have had a focus on reading this year we chose our theme to be based on books. The title of the concerts is “A Night at the Library”. Tickets will be on sale later in November via trybooking – details will be provided closer to the time. All matinee tickets will be free and there is no limit to the number of seats. The evening performances will be a cost of \$5 per ticket with a maximum of 2 tickets per family per night. The front row seats will cost \$15 per seat and the same limit of 2 tickets per family will apply. Some Year 6 students will be required to be at both evening concerts due to their role. The Year 6 teachers will communicate this information to their students and their parents.



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The organisation and dates are as follows:

Monday 3 December: rehearsals throughout the day at school for both K-2 and 3-6 concerts.

Wednesday 5 December: Years 3-6 Concert - Matinee at 9.45am, Evening Performance at 6pm.

Thursday 6 December: Years K-2 Concert - Matinee at 9.45am, Evening Performance at 6pm.

The concerts should be approximately 1 hrs 15mins in length.

We are looking forward to welcoming you to "A Night at the Library" in the Kempbridge Ave Hall in December!

Exciting Staffing News

Congratulations to Bonny Abramowicz who has been appointed as a permanent teacher to Seaforth Public School. Mrs Abramowicz has been a temporary teacher with us for five years and is so deserving of this position. This is wonderful news for Mrs Abramowicz but equally as wonderful for our school.

Photographs/Videos and Social Media

We understand how exciting it is when you see your child receive an award or be a part of a performance. We ask that you please be mindful of other people's privacy if using the photos on social media. Using your own children's photos is of course at your discretion but please consider other students, teachers and families and their privacy. Thank you in advance for taking this into account.

Parent Forums

Last year we held parent forums in Term 4 to gain valuable feedback which helped us in writing our 2018-2020 School Plan. At the end of each year we review our plan and make changes as necessary. Parent feedback is highly valuable and as a direct result of some feedback from last year changes were implemented to meet the needs of the school and community. This year I would like to host three parent forums at different times of the day to suit parents varied availability. These positive forums are a great opportunity not only to give feedback about specific questions but also get to know other parents and executive staff. I will publish a list of questions at a later date so that you have time to think about your responses before the forum.

If you are interested in attending please save the date:

Friday 16 November 7.30am in the library

Tuesday 20 November 5.30pm (prior to P&C) in the staffroom, Kempbridge Ave

Thursday 22 November 9.30am in the staffroom, Kempbridge Ave

Class Placements

We are now in the process of organising the class structure and forming classes for 2019. Please ensure we have the correct information for any students starting school or leaving us. A change of just a few students can affect the class compositions. Please be assured the teachers and executive staff put a lot of thought into creating the best learning environments as this is beneficial to everyone.



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Term 4 Child Protection Lessons

This term all classes K-6 will have mandatory Child Protection lessons taught in class as part of the NSW PDHPE syllabus. Please see the fact sheet below outlining what is covered in Child Protection lessons. Please contact your child's teacher if you have any questions or concerns.

Child Protection Education is required to be taught in every Stage of learning from Kindergarten to Year 10 as part of Personal Development, Health and Physical Education.

PDHPE is mandatory for all students in Kindergarten through to Year 10. The K-6 and 7-10 PDHPE syllabuses outline the age appropriate content to meet the learning and support needs of students.

Children are most vulnerable when young. It is important to develop in students as early as possible understandings and skills in the area of child protection.

Even young children can be taught ways to protect themselves from abuse. They can be 'enlightened without being frightened'. They can be taught to network with trusted adults and to be aware that there are people and services to help them within their community.

Research suggests that, if children can recognise abuse and abusive situations and use protective strategies from their early years, then they will have a greater capacity to take appropriate action if they are in uncomfortable or unsafe situations and keep themselves safe.

It is also important students learn about power in relationships and develop the skills to build and maintain relationships that are caring and positive.

Child protection education aims to assist students to develop skills to:

- recognise and respond to unsafe situations
- seek assistance effectively
- establish and maintain non-coercive relationships and strengthen attitudes and values related to equality, respect and responsibility.

Through Child Protection Education in NSW schools students learn:

- about feeling safe and their right to be safe
- to recognise appropriate touching and inappropriate touching
- that appropriate touching is an important part of positive relationships
- that they have a right to say NO to a person who touches them inappropriately or threatens their safety
- that it is important to tell trusted adults about such situations
- that they may have to keep on telling people until they are believed
- that help is available to them within their communities.

Three themes of Child Protection Education:

Balanced child protection education incorporates teaching and learning in three broad themes.

- Recognising abuse

Protective skills cannot be used unless children and young people recognise situations of potential abuse or when abuse is occurring. It is important that students develop knowledge and skills, appropriate to their age and stage, about what constitutes abuse.

- Power in relationships



When discussing power in relationships, particular attention is given to building confidence in relationships which are positive and caring. Skills in establishing and maintaining positive relationships, including accepted cultural practices related to caring touch, are reinforced.

- Protective strategies

With knowledge about positive relationships and about child abuse, children and young people can take appropriate actions if they are in threatening situations. When learning about protective strategies, students are given the opportunity to analyse situations, to identify feelings, and to explore alternative courses of action and their consequences.

Trudy Alcorn: **Principal**

From the Deputy Principal

Tour De Cure Visits Yatama

Students in Years 3 – 5 were visited by a group of five riders from the Tour De Cure Cycle group on Tuesday 30 October. The Tour De Cure group runs challenging and inspirational tours and events across Australia, they raise money to fund research, scientists and projects that they believe will have the biggest impact on cancer.

The children were taught about the fact that 1 in 3 cancers can be prevented. They were told about the Tour de Cure motto: Be Fit, Be Healthy and Be Happy. Some of our students even knew some of the riders, who had ridden 300km from Newcastle over the previous 3 days. A cheque for \$2500 was presented to the school from the Commonwealth Bank to encourage their motto: Be Fit,



Be Health and Be Happy. This was received by Roxy B, Sam B & Imogen M – who were all related to one of the riders in one way or another. Every child in the school K-6 was gifted a Green Pack with a ball, plate, magnet whiteboard and marker and some stickers. We thank the Tour de Cure riders for their visit and the great cause they are raising money for. If you would like to make a donation please visit their website:

<https://tourdecure.com.au/get-involved/make-a-donation/>



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Band Information Evening

On Wednesday 25 October the Band committee organised an information evening for Year 2 parents and parents of any child in Year 3-6 who would



like to learn to play an instrument and join the band in 2019. We were entertained by performances from the Training and Performance Bands and watched a very informative U-tube presentation called 'Anita Collins Music Brain'



<https://www.youtube.com/watch?v=ROJKCYZ8hng> which explained the scientific benefits of learning an instrument. There is an interesting three part series beginning this Sunday 11 November at 7.40pm on the ABC titled 'Don't Stop the Music' which highlights the transformative effects of teaching music in primary schools, for any parent who would like to find out more about the benefits of learning an instrument. Many thanks to Mrs Brooke Alver for attending with the Year 2 Recorder group and Alison Strickland and the Band committee for organising the evening and providing some delicious snacks.

Please contact the office if you would like further information about joining the band in 2019.

Liz Armstrong: **Deputy Principal**

P & C News

Seaforth's BIG School Camp Out

Seaforth School Big Camp Out is coming up on **Saturday 8 – Sunday 9 December 2018** and places are **LIMITED!!**

If you are not familiar with the much loved School Camp Out, here's what it's all about...

1. The overriding aim of the Big Camp Out is for Seaforth PS families to have a good time at an event that is relaxed and safe for everyone attending.
2. Families are invited to pitch a tent on the School Oval and be a part of a MASSIVE Camp Out!!
3. You will be provided with Pizza, Entertainment (which includes a Movie for the kids in the Hall with popcorn, & Snacks) & BBQ Breakfast at an affordable cost.
4. You bring ALL your own camping gear (No Gas powered lighting, BBQs or Fires allowed), set up with friends and enjoy.
5. For those not so keen to Camp, that's ok too... You can still come and join in for the Dinner & Entertainment part of the evening, siblings also welcome.
6. There will be NO canteen open at this event, so please feel free to BYO ALL your extra snacks, nibbles, drinks you may require for your family.



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The Campout this year will be held on **The Yatama Campus Oval** again (however this could be subject to change to Kempbridge Oval if we get the go ahead to start work on the Yatama AstroTurf). There are a few reasons for this event to be held at this Campus, such as:

1. There is no irrigation system at Yatama.
2. Good lighting and access to facilities.
3. The School Hall (where the Children's Movie will be shown) is closer to the campsite, also ensuring a safer supervision area.

Our lovely Camp Out organisers have been to the Yatama Campus and measured the area. They have worked out how many tents we will be able to safely fit, allowing enough space for easy movement throughout the camping area and enough access in & out of the campsite in the unlikely case of an emergency.

There will be 50 Campsites available this year; this has been measured by the number of 4 person tents able to fit onto the oval area. NO Camper trailers or cars on the oval are allowed!!

We all know kids love camping!! So why not get your friends together and share tents. If you have a 4 person tent, please ensure you have 4 people in that tent. Please don't bring your HUGE

"Taj Mahal Tent" (unless you intend to have 2-3 families using it & will count as 2 campsites). This will allow for more people to be apart of this fun event!!

Tickets will be sold solely through Flexi schools (on sale week commencing 12th November) this year and camping spots will be limited to the above number of spots, though this allows for approximately 150 camping attendees and 200 evening only attendees. Please ensure you order your camping spot, tickets for each person attending (Campers or non-Campers) and order the number of Pizzas you require for your group (we are advised that a single pizza is ideal for an adult or two children). Tokens will be distributed for pizza at registration,

For those who will be camping we will be sending out a registration form so we are aware of who is camping and who the responsible adult will be for all children attending.

After we receive your completed registration forms/payment you will then receive a confirmation email and your Camp out Information Package. Then you are ready to Camp!!

This is a great School community event that everyone can enjoy. So get your friends together, start filling your tents and get the cheese platters sorted!! Remember spaces are limited!!

If you have any queries please contact the Camp out Team at SeaforthPC@Gmail.com

Band News

Recruitment for the band program in 2019 is well underway, make sure you get your registrations in here before November 16: <https://portal.msmusic.com.au/seaforthps>

Registration is open to any child currently in Years 2-5. If you missed the Try an Instrument Day (Blow Test) and would like to schedule a make up session, please contact the band committee - seaforthpsband@gmail.com

Allison Strickland: **Band President**



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NBLA School Leaders On-Country Experience Day

On Monday 5 November our school captains and vice-captains went on an excursion to West Head to learn more about the Aboriginal history of our local area. We saw Aboriginal rock carvings and paintings and learned about how the land is able to be used in so many different ways. When we returned to school, we starting writing an new "Acknowledgement of Country" for our school, which we are excited to share at our assembly in Week 6.



Reid S, Grace F, Madison C and Max L

National Touch Football Competition

Two weeks ago I flew to Tasmania with the NSW Touch Football team to play in the National Touch Football Competition. We played 7 games over one week. We won all of our games but lost to Queensland. On Wednesday we had a break and went on an excursion to a stadium and met some famous athletes from Tasmania. On the last day we played one game and were coming 2nd on the leader board so we played in the Grand Final. We worked really hard but Queensland were just too good. I had heaps of fun with my team and was proud of coming 2nd in Australia.

Grace F

Library News

After visiting my grandchildren in California, I am finally back and ready for stocktake!

Children are still allowed to borrow but must return overdue books. If books are lost, they need to be replaced. Most books cost \$10-22, this is a huge expense for the library to carry; especially when there are so many books that go missing every week.

Books can be replaced by purchasing the book again, try Book Depository (fee shipping) or a book on the same subject or pay for the book.



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RUMOUR!!!!!!!!!!!!!!!!!!!!!!

Some children are telling their teachers and parents that they are not allowed to borrow unless they have finished their activity! This is not correct.

Since Term 2, the procedure has been to borrow before they attempt their activity so they are ready to leave the library for their next lesson on time.

I have spent much time in making the library welcoming for the primary students. I have increased the space and shelving to easily find books. All students have been shown how to access ORBIT through the OLIVER tab on their student portal. This tells you what new books are in the library, what is available to borrow and find books they need for their research projects. They can also view their account to see what books are overdue.



Earn more handshakes!

Bring a library bag (or any bag) for borrowing of books to receive a handshake.



Adding 10 minutes of reading everyday matters

Studies have shown that children who are exposed to oral language and the printed word everyday benefit in their cognitive and academic development. An extra 10 mins a day outside of school means a child has been exposed to over 600,000 words in a year. An extra 20 mins moves the number to 1,800,000.

Reducing the Reading Gap in Ten Minutes

If struggling readers are to close the gap and catch up with their peers, their learning trajectories must be raised. These students often have deficits in basic reading skills that require remediation, but they also need to develop expertise through extensive reading practice. This means that a low reader's print exposure must be increased by hundreds of thousands of words each year. While this may seem like a daunting obstacle, Adams (2006) pointed out that adding just ten minutes of daily book reading can dramatically increase a student's exposure to print. For example, a student at the 30th percentile who spends an extra ten minutes a day on book reading will read around 700,000 words each year, surpassing the amount of reading currently done by students at the 70th percentile.



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To make reading a reward, a parent has given her child an extra 30 minutes before lights out at night if they read. Give it a try and see what happens over time.

You are always welcome to visit the library, hopefully see you here.

Marina Cook: **Librarian**



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Chess News

Congratulations to all our amazing chess players who competed in the Mona Vale Chess Challenge at Mona Vale Public School on Thursday 7 November. Each team member played 7 matches against children from 8 different schools. Our teams won lots of their matches and they were such great representatives for Seaforth Public School. They all played so well and showed great sportsmanship and all had beautiful manners. Our A team scored enough points to go through to the finals which take place on Sunday 25th Nov at North Sydney Boys High School. What a great achievement!

It was a pleasure spending the day with them all. I was very proud of you all.

Seaforth Public School Chess Championship Entry Form - 2018



Thursday 15th November

1:30pm - 5:00pm

Cost: \$16.50



This tournament will be run as a Swiss, with approximately 6-7 games.

This means that all children play in all the rounds and no one is knocked out.

There will be **trophies** awarded for the highest 3 scorers, and **medals** presented as age prizes.

Each child playing will also receive a participation certificate.

There will also be encouragement awards, depending on the number of entries.

IN THE
SCHOOL LIBRARY

To enter please go to

www.sydneyacademyofchess.com.au/payment

and pay online with your credit card using

the code **4GSEIFPBIB** and fill in the electronic form, with your child's details.

YR1-6

BRING YOUR
OWN LUNCH TO
EAT AT 1pm



ENTRIES
CLOSE
WED. 14/11

OPTIONAL EXTRAS (prices include delivery)

To enhance your child's learning experience these items are available for purchase online at the time of registration

Workbook 1 – Cost: \$30 [For Beginner/Rookie Players]	Workbook 2 – Cost: \$30 [For Intermediate Players]	Workbook 1 & 2 – Cost: \$45 [SPECIAL OFFER]
Exploration in Chess Beauty – Cost: \$41 [For Advanced Players]	Chess Set & Roll-up Board – Cost: \$33 [Recommended for All Ages]	Chess Clock – Cost: \$76 [Recommended for All Ages]



SYDNEY
ACADEMY OF CHESS

Sydney Academy of Chess Pty Ltd

ABN: 14 139 982 004

Level 1, 30A George Street Burwood, NSW

PO Box 1325, Burwood, NSW 1805

P: 9745 1170 F: 9745 1176 E: info@sydneyacademyofchess.com.au

**PLEASE BRING A PLATE OF CUPCAKES, BISCUITS, FRUIT OR SOME
JUICE POPPERS TO SHARE FOR AFTERNOON TEA ☺ AT 3.15pm**

**The only condition of entry is that the children know the full rules of
chess and how to make a basic checkmate.**

Emma Martin: Chess Coordinator



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Kitchen Garden News



Our latest Seaforth Stephanie Alexander Kitchen Garden Menu delivered in taste and texture.

We made the most delicious Zucchini Slice and Stir Fry Celery, followed by Rhubarb & Strawberry Compote.

Our incredible garden, beautifully nourished and maintained by Michelle French and Tanya Leisham - and their team of very efficient helpers from K-2, provided our kitchen with 1.8kg of rhubarb, 900g of zucchini and 3.2kg of juicy celery.



Our little chef's in years 3 and 4 learned about knife safety and knife skills. They also explored the impact that germs, bacteria and dirt can have on the growth of mould. A visual reminder of how important it is to wash our hands before handling food.



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Rhubarb Strawberry Compote	Zucchini Slice
Equipment <ul style="list-style-type: none"> • Blender • Knife • Chopping board • Saucepan 	Ingredients <ul style="list-style-type: none"> $\frac{1}{4}$ cup olive oil 500g zucchini (grated) 1 onion (diced) 150g parmesan cheese (grated) 1 cup self raising flour 3 eggs 3 tomatoes (sliced)
Ingredients <ul style="list-style-type: none"> ➤ 200g rhubarb stalks (trimmed and cut into 2cm pieces) ➤ 1 orange (zested and juiced) ➤ 1 apple (peeled, cored, cut into quarters) ➤ 60g sugar ➤ 150g strawberries (halved) 	Method <p>Pre-heat oven 200C</p> <p>Grease tin with a little bit of oil (brush)</p> <p>Grate zucchini into tea towel (when finished grating twist tea towel over sink to remove excess liquid)</p> <p>Put in large mixing bowl</p> <p>Grate cheese and add to bowl</p> <p>Add flour</p> <p>Add onions</p> <p>Add pinch of salt & pepper</p> <p>Mix</p> <p>Pour into baking dish</p> <p>Arrange tomatoes on top</p> <p>Dribble over oil</p> <p>Cook for 30min</p>
Method <p>Place orange zest, juice, rhubarb, apple and sugar into pot and cook for 15min, stirring occasionally.</p> <p>Add strawberries.</p> <p>Cook for a further 5min.</p> <p>Blend</p> <p>Serve with custard.</p>	



Jessica Forbes and Tanya Leishman: **Kitchen and Garden Teachers**



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Round 8 – 26 October 2018

Senior Cricket Team – played North Balgowlah and won, we all had a great game. Best players were 3 points to Will, 2 points to Sam W and 1 point to the rest of the team. Captains today were Zane & Sam.

Junior Cricket Team – played North Balgowlah and won. We played an excellent game, great batting and bowling. Best players were 3 point to Miggy, 2 points to Archie and 1 point to Samay. Captains today were Henry & Joe.

Softball Team – played Balgowlah Heights and lost 13-2. We had a good game. The best player was Charlotte, the fairest player was Natasha and the Captains today were Roisin and Ruby.

T-ball Team – played Balgowlah North and lost 21-27. Everyone had a great game and we all enjoyed it. It was great fun. The best player was Eden, the fairest player was Eve and the Captain today was Chloe.

Senior Girls Eagle Tag A – played Manly Vale and won 7-2. We had a good game and tried our best. The best player was Meisha, the fairest player was Zara and the Captain today was Stella.

Senior Girls Eagle Tag B (Blue) – played Balgowlah Heights and won 6-3. The best player was Eloise, the fairest player was Laila and the Captains today were Brooke & Alirah.

Senior Girls Eagle Tag B (Silver) – Played Dee Why and lost 2-6. We had an amazing game and played well. The best players were Emma & Alba, the fairest were Jasmine & Angie and the Captains today were Jade & Emily.

Junior Girls Eagle Tag A – played Beacon Hill and drew 6-6. The best player was Chelsea, the fairest player was Zara and the Captains today were Amber & Maddy.

Junior Girls Eagle Tag B – played Harbord and lost 4-5. Good game girls. The best player was Immy, the fairest player was Eliza and the Captains today were Tara & Lavinia.

Senior Boys Eagle Tag A – played North Balgowlah and won 6-1. The best players were 3 points to Lachie, 2 points to Hugh and 1 point to Zac. The Captains today were Lewis and Zac.

Senior Boys Eagle Tag B – played North Balgowlah and won. It was tough game we were happy to win. The best player was 3 points to James, 2 points to Miles and 1 point to the rest of the team. The Captains were Jaden and Jasper.

Junior Boys Eagle Tag A – played North Balgowlah and lost 2-1. We all had a good game. The best player was 3 to points Sam, 2 points to Angus & Hamish and 1 point to the rest of the team. The captain today was Sam B.

Junior Boys Eagle Tag B –played North Balgowlah won 10-4. The best players were 3 points to Liam H, 2 points to Callum and 1 point to Liam.

Round 9 – 2 November 2018

Senior Cricket Team – played Balgowlah Heights and won 81-64. We had a great game. Best players were 3 points to Jono, 2 points to Zane and 1 point to the rest of the team.

Junior Cricket Team – played Balgowlah Heights and won. Best players were 3 point to Miggy, 2 points to Ollie and Henry and 1 point Noah and Archie.

Softball Team – played Manly West and lost 0-11. The best player was Roisin, the fairest player was Natasha and the Captain today was Charlotte.

T-ball Team – played Manly West and lost 7-14. Today was tough and hot and sadly we lost. The best player was Lola, the fairest player was Catrina and the Captain today was Eve.



Senior Girls Eagle Tag A – played Cromer and won 4-1. We all played a great game. The best player was Monica, the fairest player was Stella and the Captains today were Meisha & Georgia.

Senior Girls Eagle Tag B (Blue) – played Dee Why and drew 1-1. We were all very resilient and all played well. Great game girls. The best player was Brooke, the fairest player was Eloise and the Captains today were Laila and Poppi.

Senior Girls Eagle Tag B (Silver) – played Manly West and lost 1-7. Good job girls we did great in that heat. The best player was Jade, the fairest player was Cassie and the Captains today were Angie & Sienna.

Junior Girls Eagle Tag A – played North Balgowlah and won 4-2. We played a good game especially in the heat. Good game girls. The best players were Josie & Zara, the fairest players were Malenna & Aurora the Captains today were Chelsea & Sophie.

Junior Girls Eagle Tag B – played Beacon Hill and lost 2-4. Good game girls we tried our hardest. The best player was Charlotte, the fairest player was Tyra and the Captains today were Addy & Lomani.

Senior Boys Eagle Tag A – played Harbord and won 4-1. Good game in hot weather, it was a tough team so we all went will in 37 degrees. The best player was 3 points to Manuel, 2 points to Lewis and 1 point to everyone else. The Captain today was Luke

Senior Boys Eagle Tag B – played Beacon Hill and won 6-4. It was very hot but we played a good game. The best player was 3 points to James, 2 points to Milo and 1 point to Woody & Alec. The Captains today were Jasper & James

Junior Boys Eagle Tag A – played Harbord and lost 5-6. The best player was 3 to points Hugo, 2 points to Jake and 1 point to Angus. The captain today were Reo & Jake.

Junior Boys Eagle Tag B – played Beacon Hill and lost 6-8. We had a good match and hope to play them again. The best players were 3 points to Jonty, 2 points to Liam H and 1 point to the rest of the team. The Captains were Vin and Lucas.

School Banking



Tuesdays will be the School Banking day and students should bring in their weekly deposit.

For every deposit made at school, students will receive a silver Dollarmites token. Once students have individually collected 10 tokens they can redeem them for an exclusive School Banking reward item in recognition of their regular savings habits.

School Banking is also a great fundraiser for our school. Our school receives a Regular Savers Contribution of \$5 for every 10 deposits processed per student as well as an Annual Contribution which is based on the number of students who made at least one School Banking deposit in the prior year.

If your child has lost their book, they can bring their money to school in a sealed envelope with a note on the next School Banking day. We will issue them with a replacement.

Thank you for supporting the School Banking program at Seaforth Public School.

Jacky Fraser: **School Banking Co-Ordinator**



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Uniform Shop News

Opening Hours:

Monday 8.45-10.00am

Thursday 2.45-4.00pm

Sunday Opening – with no student free Monday this term the Uniform Shop opened on Sunday 14th October from 2-4pm. It was a resounding success with over \$2000 in sales and was accompanied by the appearance of many new visitors to the shop who are unable to attend our usual opening times. As a result the shop will be open at least once per term on a Sunday to allow our working parents a chance to come in at a convenient time! We will open on the Sunday prior to the commencement of each term from 2-4pm, as well as once mid-term in Term 1, and once mid-term in Term 2 (prior to the changeover into Winter Uniform).

Flexischools - Orders for uniform items can be made online using your Flexischools account. Orders are delivered directly to your child's classroom. Orders placed after 5pm Wednesday and before 5pm Sunday are delivered on a Monday, while orders placed after 5pm on a Sunday and before 5pm on a Wednesday are delivered on Fridays.

Kindergarten 2019 Uniform Fittings Appointments are now open! Appointments are available in October and November on Mondays 10-11am, Thursdays 2-2.45 and 4-4.45pm, and Sundays 2-3pm. To make an appointment go to <https://www.schoolinterviews.com.au> and enter the event code TWXW8. A limited number of appointments will also be held in late January – days and times will be advised closer to the start of the commencement of the 2019 school year. If you unable to attend the available times please contact me by email at seaforthuniformshop@gmail.com or by text on 0410 418 836.

Volunteers – The Uniform Shop is looking for volunteers to help out once or twice per term. If you are interested please contact me by email at seaforthuniformshop@gmail.com or by text on 0410 418 836.

Summer Tunics and School Bags – we are still awaiting delivery of our new stock of Size 12 Girls Summer Tunics and School Bags. The supplier anticipates they will arrive next week. Items will be delivered to students' classrooms as soon as they arrive in store.

Second Hand Items – If you have any uniform items your child has grown out of and have no further use for, you can donate any items to the Uniform Shop. 100% of the proceeds of the sale of second hand items go directly to the P&C. It is much appreciated if items are clean and in good order! We have oodles of tunics and shorts in smaller sizes (and more are always welcome!) but are very short on Size 8, 10 and 12 Summer Tunics.

Girls Skort and Trouser Options for 2019 – Our suppliers have been asked to make up samples of a Summer Skort and Shirt, and Winter Trousers options for female students. As soon as they are ready they will be presented at the first available P&C Meeting.

Kitty Williams: **Uniform Shop Co-ordinator**



Seaforth Public School

37 Kempbridge Avenue, Seaforth 2092

Phone: 99481694

Web: www.seaforthpublicschool.com

Lost Property

Missing something? You may well find it at Lost Property! We have two Lost Property locations – one at Kempbridge Campus located in the main building – enter through the double doors in the centre of the building on the Frenchs Forest Road side of the campus and you will find a treasure trove of lost items at the bottom of the stairwell, plus one at Yatama Campus located in the main building – enter through the double doors at the Hall end of the building on the Benelong Road side of the campus, again located in the stairwell area.

Lost Property is sorted and sent back to owners on a Wednesday afternoon – either weekly or fortnightly. Please ensure your child's property is clearly labelled with their name – please include a surname as we have many children with the same first name and initial combinations – we even have 3 Archie C's at the school (and two are in the same class!) – so the clearer the name the better the chance your child's belongings are returned. Generally hats are well labelled but jumpers are not and we have a dozen or more a week with no name, or the name of a long departed student. Please check jumpers and name accordingly.

Please label as much of your child's clothing as possible – Concert season is nearly upon us and with costume fittings and dress rehearsals it is all too easy for tunics, shorts and shirts to be mixed up or lost!

Jacinta Jesser and Kitty Williams: **Lost Property Co-Ordinators**



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Please support the businesses that support Seaforth Public School!

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Community Notice Board



Australian Air League



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Established 1944

**NEW SQUADRONS STARTING IN YOUR AREA
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- Annual Awards Ceremony
- All volunteers are NSW Working with Children Check compliant

If you'd like to learn more, visit an operational Squadron or call us today!



FOR MORE INFORMATION PLEASE CONTACT

Mrs Robyn McKenzie: 0409 391 084 Email: gexc.nswgg@airleague.com.au
Girls Squadrons also located at Albion Park, Beverly Hills, Blacktown, Doyalson, Mudgee, Penrith, Southern Highlands
www.airleague.com.au Facebook: [aal.nsw.girls](https://www.facebook.com/aal.nsw.girls)



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WELCOME A SLICE OF THE WORLD INTO YOUR HOME IN 2019!

HOST AN
OVERSEAS
EXCHANGE
STUDENT!

REQUEST A FREE INFO PACK / SMS 'HOST' to 0428 246 633



HEAR FROM A HOST MUM

Hosting has been one of the most **rewarding and exciting experiences** for our family. Romane, our student, was definitely one of the most kind and pleasant people we have met and right from the start was a perfect fit for our family. Being able to share this experience has had a **positive effect on all of my young children.**

Host mum, Candice.

HOSTING AT A GLANCE:

- Hosting is voluntary
- You choose your student
- Students attend high school full time
- 24/7 support provided
- Host families come from all over the state
- Students come from all over the world and stay for a short term (8-10 weeks), a semester or a year.

MORE INFO: WEP.ORG.AU/HOST



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THE SEARCH IS ON FOR LAWN EYESORES

Australia's favourite backyard brand, Victa®, is on the hunt for Sydney's most unkempt turf to renew and reignite with lawn joy this summer. Entries are open for local parks, community gardens or sporting fields across Sydney. The winning entry will receive a lawn joy makeover, with entries closing 12 November 2018.



Entrants are being asked to nominate an area in their neighbourhood that could use some lawn joy. It might be a section of a playing field, local playground, vegetable garden or rest area. A top 10 will be chosen by Horticulturalist and Victa Ambassador, Adam Woodhams, with the winning entry determined by public vote.

The lucky winning area will receive a complete makeover appropriate to the nominated area.

"We wanted to give back to the community by giving one local area a little lawn joy this summer. We're showing that you can design a great outdoor area to enjoy your lawn and garden by creatively using the space," says Laura Clarke, Marketing Manager, Briggs & Stratton Australia.

Recognising the importance of going back to basics, Victa is urging Aussies to kick off their shoes, go outside and simply feel the grass beneath their toes. Experiencing the great outdoors can be as simple as stepping into our own backyard and rediscovering the joy a lawn can bring.

From an increase in air quality and pollution filter, to the therapeutic and mental health benefits, as well as improving general health and well-being and reducing stress, it's time to celebrate the benefits of natural grass.

To enter visit: <https://www.dailytelegraph.com.au/newslocal/competitions>

Vacancies in 2019 at St James Kindergarten, 1 Bareena Dr Balgowlah Heights.

For more than 30 years SJK has served the community of Balgowlah and Seaforth, in providing a high-quality preschool learning program, within a loving and nurturing environment by long standing, highly experienced and qualified staff.

Relationships with children and families is key in our high standard of care at St James, for children aged 3 to 5 years. We understand children have agency, with capabilities and rights to initiate and lead learning. Their interests, abilities, previous experiences and individual learning styles are considered in our planning as we aim to ignite the children's love for learning and prepare them socially, emotionally, physically and cognitively ready for school.

We have a few spaces left in our Thurs Fri class for 2019.

Please ring the Director Debbie Atkinson, on 99497840 for a tour and/or further information.



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